**Abdominal Pre-Operative Class for the Oncology Patient** - This class is designed for the oncology surgical patient. An opportunity to learn how to prepare yourself for abdominal surgery, what to expect during the hospital stay and after you are discharged home. Also, what to anticipate in the weeks following surgery & what you can do to reduce post-surgical risks.

- **Location:** Regional Cancer Center – Specialty Clinic, Suite 302
- **Date/Time:** Wednesdays, 1:00 – 3:00 p.m.
- **Registration is required:** Contact Bobbi Marino, BSN, RN, OCN at 239.343.9502

**Bladder Cancer Support Group** - Location: Regional Cancer Center

- **Date/Time:** 1st Wednesday, 3:00 – 5:00 p.m.
- **Contact:** Karen Godfrey at 239.399.4809

**Brain Tumor Support Group** - Location: Lee Memorial Hospital, 2776 Cleveland Ave., Fort Myers, FL 33901

- **Date/Time:** 3rd Tuesday, 6:30 – 7:45 p.m. / 6 North Patient Lounge & Library
- **Contact:** Jasminet Pathak, LCSW at 239.343.3188

**Breast Cancer Support Group** - Location: Regional Cancer Center / 4th Floor Conference Room.

The Breast Cancer Support Group is facilitated by Patricia Tirone a Licensed Clinical Social Worker.

- **Date/Time:** 1st Monday of each month from 3:30 p.m. – 5:00 p.m.
- **For more information, please contact:** Patricia Tirone at 239.343.9549

**Cancer Nutrition Seminar** - Free ongoing monthly seminar for oncology patients, survivors and caregivers.

- **Location:** Regional Cancer Center – 4th Floor Conference Room
- **Registration is required at:** RCC Event Line 239.343.9557

**Colorectal Cancer Support Group** - Gulf Coast Medical Center

- **Women’s Services Entrance, 1st Floor – Room ACR #2 / 13681 Doctor’s Way, Fort Myers, FL 33912**
- **mickty1@aol.com**

- **Date/Time:** 4th Friday, 5:30 – 7 p.m.
- **Contact:** Larry Mickley at 239.454.3308

**Gastro-Esophageal Cancer Support Group** - To share support with others fighting Gastro-Esophageal Cancer.

- **Location:** Regional Cancer Center – Meditation Room (1st Floor)
- **Bobbi.MarinoLeeHealth.org**

- **Date/Time:** 2nd Tuesday of every month, 4:00 – 5:00 p.m.
- **Contact:** Bobbi Marino BSN, RN, OCN at 239.343.9502

**General Cancer** – Sponsored by C.A.R.E.

- **Location:** Villas Civic Association, 2306 Sunrise Blvd, Ft. Myers, 33907
- **Date/Time:** Each Thursday (meets weekly), 10:00 – 11:30 a.m.
- **Contact:** Pat Noe at 239.938.9303

**Gentle Exercise Classes @ the Regional Cancer Center** – Classes are designed to work with individuals who are receiving treatment or have had surgery and are not yet able to do cardio exercises.

- **Location:** Regional Cancer Center – 4th Floor Conference Room
- **Date/Time:** Mondays, 11:00 am – 12:00 pm / $5.00 per class
- **Registration is required at:** 239.343.9503

**GYN Oncology Support Group** – Facilitated by a Licensed Clinical Social Worker who along with group members will address concerns, worries & share practical information for gynecologic cancers.

- **Location:** Regional Cancer Center – 4th Floor Conference Room
- **Patricia.Tirone@LeeHealth.org**

- **Date/Time:** 4th Wednesday of each month, 3:00 – 4:00 p.m.
- **For more information, please contact:** Patricia Tirone at 239.343.9549

**Hispanic C.A.R.E. Support Group** – Providing Bilingual Support to patients and their caregivers.

- **Location:** Specialists in Urology Building (2nd floor), 4571 Colonial Blvd., Ft. Myers, FL 33966
- **Facilitators are Dr. Maria De Laufer & Carmen Rey-Gomez, M.S.W**

- **Date/Time:** 2nd Tuesday of each new month @ 5:30 p.m.
- **For more information please call 239.936.3756 or 888.850.1622**

**Lung Cancer Support Group** – Location: Fort Myers Public Library Annex Building - 2450 First Street, Ft. Myers, Florida 33901

- **Date/Time:** Meets Monthly @ 6:30 – 7:30 p.m.
- **Contact Melissa Crouse (Melissacrouse6005@comcast.net) for monthly dates**

**Mastectomy Pre-Operative Education Class** - Hands on training & information regarding your upcoming mastectomy and valuable take-home tools to aid you during recovery. Location: Regional Cancer Center, Specialty Clinic, Suite 302

- **Date/Time:** Every Tuesday, 10 – 11:30 a.m.
- **Registration is required at:** 239.343.9500

**Multiple Myeloma Support Group** - Location: Hope Hospice, Ft. Myers 33908

- **Date/Time:** 3rd Tuesday, 6:00 – 7:00 p.m.
- **Contact:** Joanie Borbely at 860.655.7107

**Oral, Head and Neck Cancer Support Group** - Location: Gulf Coast Medical Center, Outpatient Rehab, 13685 Doctor’s Way, Suite 250, Ft Myers

- **Date/Time:** 4th Tuesday, 3:00 – 4:00 p.m.
- **Contact:** Stacey Brill at 239.343.1645

**Pancreatic & Biliary Cancer Support Group** – This support group is ideal for patients & caregivers in a designated place & time to learn, share & support others that are fighting these cancers. This is an opportunity to hear from occasional guest speakers on ways to improve your quality of life and coping skills.

- **Location:** Regional Cancer Center – 4th Floor Conference Room
- **Bobbi.Marino@LeeHealth.org**

- **Date/Time:** 3rd Thursday, 4:00 – 5:00 p.m.
- **Contact:** Bobbi Marino BSN, RN, GI/GU Navigator at 239.343.9502

**Quit Smoking Now** - Free program facilitated by trained Tobacco Cessation Specialists who provide the knowledge, resources & support for success. Free nicotine replacement therapy, patches, gum, lozenges.

- **Location:** Regional Cancer Center – Meditation Room – 1st Floor
- **Registration is required at:** 1.877.819.2357

**Thyroid Cancer Support Group** - Location: Lakes Regional Library, Fort Myers

- **Date/Time:** 3rd Saturday, 10:30 a.m. – 12:00 p.m.
- **Contact:** Sally Fontaine at 239.590.0797

**Yoga** - Location: Regional Cancer Center – 4th Floor Conference Room – Fee: $5.00 per class.

- **Date/Time:** Wednesdays, 10:00 – 11:00 a.m. (Please bring your own towel/blanket)
- **Registration is required at:** 239.343.9503

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**American Cancer Society**

- **Support Resources**

**Leukemia & Lymphoma Society**

- **Contact:** Seth Berkowitz, Patient Services Mgr.
- **1.800.995.4572**