



Incidences of Flu Decrease for Second Week in a Row
Community Should Remain Vigilant with Flu Prevention Strategies

(Fort Myers, Fla. – Feb. 13, 2018) --- For the second week in a row, Lee Health has seen decreases in incidences of flu. While it appears the flu has peaked in Southwest Florida, seasonal visitors continue to arrive daily, so Lee Health reminds everyone to remain vigilant with flu prevention strategies, including getting the flu vaccine, practicing good hand hygiene, covering coughs and staying home when sick.

Lee Health maintains the restriction of children 12 years of age and younger from visiting the hospitals across the system, and urges everyone to avoid visiting the hospital unless absolutely necessary, especially if you are sick with a cough.

If you experience signs and symptoms of flu, which can include fever or feeling feverish/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headache and fatigue, avoid the hospital emergency departments. Call your primary care doctor, or visit a Lee Health Convenient Care, walk-in or urgent care center if you need medical attention.

About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A non-profit, integrated health care services organization, Lee Health is committed to the well-being of every individual served, focused on healthy living and maintaining good health. Staffed by caring people, inspiring health, services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Formerly known as Lee Memorial Health System, the organization began its second century of service with a new name in 2016. Learn more at www.LeeHealth.org.

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