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National Speaker Series: David Katz, MD

The Truth About Food – Why Pandas eat bamboo and people get bamboozled!

(Fort Myers, Fla. – April 9, 2019) --- As part of the National Speakers' Series, Lee Health is pleased to present David Katz, MD, MH, FACPM, FACP, FACLM, who will present *The Truth About Food – Why Pandas eat bamboo and people get bamboozled!*

Dr. Katz is the founding director of Yale University's Yale-Griffin Prevention Research Center; Past-President of the American College of Lifestyle Medicine, and Founder/President of the True Health Initiative.

He is globally recognized for his expertise in nutrition, weight management and the prevention of chronic disease. He has served as one of the expert judges for the annual rankings of diets by *U.S. News & World Report* for much of the past decade. He reaches a social media following of nearly one million.

The free talk is open to the public and will be held on **Tuesday, May 7 at 6 p.m. at the First Christian Church, 2061 McGregor Blvd., Fort Myers.**

Please register for this event at LeeHealth.org/classes. If you have questions or want more information, please call 239-424-3234.

About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A non-profit, integrated health care services organization, Lee Health is committed to the well-being of every individual served, focused on healthy living and maintaining good health. Staffed by caring people, inspiring health, services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Learn more at www.LeeHealth.org.