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**Healthy Lee Presents Dr. Deepak Chopra for a Discussion on Transformation and Healing**

(Fort Myers, Fla. – July 30, 2019) --- When it comes to making intentions reality, there's no right answer for everyone. Join Healthy Lee and world-renowned author, speaker and physician Dr. Deepak Chopra Oct. 30 at the Barbara B. Mann Performing Arts Center for a discussion about the nature of reality and how to achieve positive change in our lives.

Dr. Chopra is the founder of The Chopra Foundation and co-founder of The Chopra Center for Wellbeing. He is a world-renowned pioneer in integrative medicine and personal transformation, and is Board Certified in Internal Medicine, Endocrinology and Metabolism. He is a Fellow of the American College of Physicians, Clinical Professor at University of California San Diego Medical School, Researcher, Neurology and Psychiatry at Massachusetts General Hospital (MGH), and a member of the American Association of Clinical Endocrinologists

At this special event, titled "*The Nature of Reality*", Dr. Chopra will discuss how to change your reality and practical ways to experience transformation and healing.

**If You Go:**

**Who:** Healthy Lee presents Dr. Deepak Chopra

**What:** *New York Times* bestselling author Deepak Chopra presents a discussion on the nature of reality and how to affect positive change in your life.

**Where:** Barbara B. Mann Performing Arts Hall, 13350 FSW Pkwy, Fort Myers, FL 33919.

**When:** Oct. 30

Please purchase tickets at <http://www.bbmpah.com/>. Tickets are \$10-\$75 and go on sale Aug. 1. Please call (239) 343-8397 for more information. Sponsorships with exclusive meet and greet are available.

**About Healthy Lee**

*A community initiative to promote health and wellness in Lee County, Florida, Healthy Lee encourages broad community wide healthy lifestyle choices through the “Choose. Commit. Change” message and public initiatives such as the Million Mile Movement and the 5-2-1-0 Pledge. Healthy Lee also targets specific health issues in the community through outreach and intervention programs. Guided by Lee County businesses, organizations and agencies, including health care providers, Healthy Lee is nationally recognized and awarded for building collaborative partnerships and providing resources, tools and knowledge to empower the community to make exercise, nutrition and wellness a priority. Visit [www.HealthyLee.com](http://www.HealthyLee.com) to learn how to get involved and register for the Healthy Lee health news and tips email.*

