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Local Health Care Experts Launch New Website to Help Stay Active and Healthy

(Fort Myers, Fla. – Aug. 13, 2019) --- Local residents and visitors now have a new way to stay healthy and safe while enjoying everything Southwest Florida has to offer. Lee Health has launched a new health hub and free newsletter on its website to keep you up-to-date with the latest news in health care.

Readers will enjoy compelling content that help them live their healthiest life possible, get answers to some of their most common and pressing health care questions and learn more about topics ranging from tips for living with chronic pain to how to safely weather a storm, and everything in between. Readers can also sign up to receive a monthly newsletter filled with articles on healthy living and hear from experts on how health care is evolving in Southwest Florida to improve the health of our community.

“The internet has become the first source when searching for health information, but that information may come from anywhere in the world. With the launch of the Healthy News digital hub, we’ve created a source of information that is full of local resources,” said Chris Simoneau, Lee Health Chief Foundation and Development Officer. “This website connects the community with health care experts in their own backyard, and allows doctors, nurses and other health care professionals to share their expertise and insights on medical conditions and national health care trends.”

In addition to articles on medical topics, Lee Health experts are using the website to provide guidance to the community on current help topics like vaccines, the health impact of algae blooms and summer safety, to name a few. Healthy News aims to be Southwest Florida’s premiere source for any and all health care areas of interest.

To sign-up to receive the newsletter and read all of the articles posted on the website, please visit: <http://www.leehealth.org/healthy-news/>. Community members may also contribute content to the website by emailing Social@Leehealth.org.

For even more updates from Lee Health, follow our Facebook, Twitter and Instagram feeds.

About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A non-profit, integrated health care services organization, Lee Health is committed to the

well-being of every individual served, focused on healthy living and maintaining good health. Staffed by caring people, inspiring health, services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Formerly known as Lee Memorial Health System, the organization began its second century of service with a new name in 2016. Learn more at www.LeeHealth.org.