



Behavioral Health Resource Guide

2024

In Case of An Emergency

In an **emergency**, dial **911** from your phone immediately.

An emergency is any situation that requires immediate assistance from the police, fire department or ambulance.

When you call 911, be prepared to answer the Call-Taker's questions, which may include:

- The location of the emergency, including the street address
- The phone number you are calling from
- The nature of the emergency
- Details about the emergency, such as a physical description of a person who may have committed a crime, a description of any fire that may be burning, or a description of injuries or symptoms being experienced by a person having a medical emergency

For support during a **suicidal, mental health, and/or substance use crisis**, dial **988** from your phone immediately, or text **“HOME”** to **741-741**.

If there is an imminent risk to life that cannot be reduced during the 988 Lifeline call, information will be shared with 911 that is crucial to saving the caller's life.

Lee Health strives to make the information within this guide as accurate and relevant as possible. The guide is updated on a routine basis, and information contained within is subject to change at any time. Lee Health cannot guarantee the accuracy of information supplied by third party sources. For the most up-to-date information, Lee Health recommends contacting the appropriate third-party organizations for verification.

Instructions

Each entry in the Behavioral Health Resource Guide is displayed in the following format:

Lee Health – Behavioral Health

*12550 New Brittany Blvd., Suite 100, Fort Myers, FL 33907

P: 239-343-9180, W: <https://www.leehealth.org/our-services/behavioral-health>

***Services/Specialties:** MAT, Therapy, Group Therapy, Case Management

***Insurance/Costs:** Accepts most major insurances.

***Population:** All

*People who need behavioral health services represent every group you can imagine — family and friends, colleagues and co-workers, neighbors, and children. Leading with compassion, our mental health experts help you identify the cause of anxiety, depression, or mood disorders while providing open-minded treatment that controls symptoms and improves your quality of life. Our experienced staff includes psychiatrists, licensed clinical social workers, advanced registered nurse practitioners, registered nurses, and other clinical support resources. We work closely with patients and family members to develop a therapy program that supports a return to a full, productive life as quickly as possible.

The following sections apply to each:

* = Basic information including address, phone number and website link

* = Service and specialty keywords enabling for quick search throughout the entire document

* = Insurance providers and plans accepted by the listed resource, and any known limitations to coverage

* = Populations served by the program or organization

* = General information about the listed organization and the services available

Each of the entries in the table of contents is hyperlinked to the relevant entry to enable speed of access. Additionally, each entry includes keywords that enable quick search for specific services, specialties, or resources throughout the document. You can use the keywords and search function to compare services and specialties between programs.

There is a glossary of keywords included at the end of the guide. To simplify the various terminology used throughout the Behavioral Health landscape, we've worked to streamline terms and increase consistency in the description of services and specialties. You can use the guide's glossary to identify the keywords used and refine your search of services and specialties available.

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Community Organizations

Agency for Persons with Disabilities

2295 Victoria Ave, Suite 221, Fort Myers, FL 33901
P: 800-615-8720, W: <https://apd.myflorida.com/>

Services/Specialties: Disability, Social Services

Insurance/Costs: Not required. There is no cost to receive services

Population: All

APD supports individuals with unique abilities and their families in living, learning, and working within their communities by creating multiple pathways to possibilities. APD identifies the service needs of people with developmental disabilities, and those individuals may receive social, medical, behavioral, residential, and/or therapeutic services. Includes applications for services and Medicaid waiver.

Al-Anon / Alateen

Several locations across Lee, Collier, Glades, Hendry & Charlotte Counties
P: 941-564-5098 (Hendry/Lee), 941-218-7948 (Charlotte/Glades), drmcschaffer@gmail.com (Collier)
W: <https://al-anon.org/>

Services/Specialties: Addiction, Substance Use, Family Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Family and Friends whose lives have been affected by someone else's drinking

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether the alcoholic admits the existence of a drinking problem or seeks help. Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations.

Andrew's Anthem

4316 Lee Blvd, Suite 11, Lehigh Acres, 33971, FL
P: 239-645-2309, W: <https://www.andrewsanthem.org/>

Services/Specialties: Mental Health, Support Programs, Skill Development, Community Programs, Wellness

Insurance/Costs: Insurance and sliding scale self-pay apply for some courses. Other courses are free.

Population: Youth aged 10-24yrs

Andrew's Anthem is a mental health movement dedicated to building a strong foundation of resilience and mental well-being in youth and young adults ages 10-24 and their families. We accomplish this through evidence-based programs and courses which provide coping skills and resilience tools and strategies; mainly focusing on creating community, mindfulness practices, creative expression, connection with nature and acts of service.

ARCHWay Institute

3941 Tamiami Tr, Suite 3157-53, Punta Gorda, FL 33950

P: 314-635-8887, W: <https://www.thearchwayinstitute.org>

Services/Specialties: Addiction, Peer Support, Advocacy, Financial Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Families

ARCHway Institute serves the community by providing education to increase awareness and transform perspectives around substance use and co-occurring mental health disorders. As an organization, we advocate for long term recovery by providing guidance and financial support to expand access to care and healthy solutions.

Baker Senior Center Naples

6200 Autumn Oaks Lane, Naples, FL 34119

P: 239-325-4444, W: <https://www.bakerseniorcenternaples.org/>

Services/Specialties: Memory Loss, Group Therapy, Therapy, Case Management, Food, Community Programs, Social Services

Insurance/Costs: Not required. There is no cost to receive services

Population: Seniors

We provide crucial services that give Confidence, Connection and Support to people ages 60 and older living in Collier and southern Lee counties, regardless of background, religion, beliefs, or financial status. Our credentialed staff and dedicated volunteers deliver a unique breadth of life-enhancing experiences in a safe and nurturing environment. Our member programs are available to adults 60+ to socialize, stay active, and learn, giving them the tools to address life's shifting challenges.

CARD FGCU (Center for Autism & Related Disabilities)

10501 FGCU Blvd S, Academic Building 3, Room 224, Fort Myers, FL 33965
P: 239-590-7769, W: <https://florida-card.org/>

Services/Specialties: Autism, Disability, Advocacy, Social Services

Insurance/Costs: Not required. There is no cost to receive services

Population: All

The Center for Autism & Related Disabilities is a community-based project that provides information and consultation to individuals diagnosed with autism spectrum disorders and related disabilities and provides family and individual guidance.

Cathy's Place of Charlotte County

P: 941-946-8155, W: <https://cathysplacecc.org/>

Services/Specialties: NARCAN Distribution, Peer Support, Transition Services, Housing, Advocacy, Community Programs, Wellness, Family Support

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Cathy's Place is a recovery community organization (RCO) which is an independent, non-profit organization led and governed by representatives of local communities of recovery. They organize recovery-focused policy advocacy activities, carry out recovery-focused community education and outreach programs, and/or provide peer-based recovery support services (P-BRSS).

Children's Advocacy Center

3830 Evans Ave, Fort Myers, FL 33901
P: 239-939-2808, W: <https://www.cac-swfl.org/>

Services/Specialties: Therapy, Outpatient, Social Services, Housing, Transportation, Food, Domestic Violence, Pet Therapy, Child Abuse, Neglect, Medical Assessments, Child Protection, Advocacy

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Adolescents

Founded in 1981, the mission of the Children's Advocacy Center of Southwest Florida (CAC) is to provide a coordinated response to child victims of abuse and neglect; and improve the lives of at-risk children and their families through prevention services. At CAC, we assess and treat children believed to have been physically or sexually abused or to be at-risk of such abuse, and provide a safe place for them to come and be heard. We offer abuse determination services as well as therapeutic counseling, parenting education and prevention programs in Lee, Hendry, Glades, and Charlotte Counties.

Christy's Cause

W: <https://christyscause.com/>

Services/Specialties: Sex Trafficking, Sexual Exploitation, Education, Advocacy, Resources

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Women

Today Christy's Cause is making a difference as freedom fighters for those who can't fight for themselves. We work to eradicate child sex trafficking and exploitation through education, awareness, restoration projects, and justice initiatives. We also believe collaboration with like-minded NGOs, agencies, and organizations allow us to work together and make even bigger strides in bettering our community and achieving the common goal of eradicating human trafficking and ending child exploitation. No one agency or organization will ever be able to tackle these horrific crimes.

Dr. Piper Center for Social Services

2607 Dr. Ella Piper Way, Fort Myers, FL 33916

P: 239-332-5346, W: <https://www.drpipecenter.org/>

Services/Specialties: Employment Assistance, Senior Companions, Foster Grandparenting

Insurance/Costs: Not required. There is no cost to receive services

Population: Seniors 55yrs+

We see hope each day and we want the community to see it with us. At the Dr. Piper Center, our eyes, hearts, and minds are focused on empowerment and improving quality of life in our community. We see children embracing life like never before. We see seniors joining together for a common good. We see a community reaching out to us for our knowledge and our love. We see a better community because of us.

Drug Free Lee / Lee County Coalition for a Drug-Free SWFL

2031 Jackson St, Fort Myers, FL 33901

P: 239-560-1929, W: <https://drugfreelee.org/>

Services/Specialties: Education, Advocacy, Community Partnerships, Resources

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Our Mission is to "reduce substance abuse in Lee County by raising awareness of prevention resources through collaboration, education and inspiration." Since its founding in 1989 by Jim Nathan, Sheriff Mike Scott and a group of local leaders, the Lee County Coalition for a Drug-Free Southwest Florida has worked to provide prevention resources to families in Lee County.

Epilepsy Services of Southwest Florida

4040 Palm Beach Boulevard, Suite D, Fort Myers, FL 33916

P: 239-275-4838, W: <https://epilepsy-services.org/>

Services/Specialties: Education, Resources, Advocacy, Peer Support, Community Partnerships

Insurance/Costs: Not required. There is no cost to receive services

Population: People with Epilepsy

The goal of the Epilepsy Services of Southwest Florida is to assist in the process of empowering our patients toward self-management in order to be able to lead as close to a normal life as possible.

Family Initiative

734 SW 4th St, Cape Coral, FL 33991; 4050 Colonial Blvd, Fort Myers, FL 33966

P: 239-910-0712, W: <https://www.fi-florida.org/>

Services/Specialties: Therapy, Social Services, Autism, Social Programs, Education, Family Support

Insurance/Costs: Self-pay – a range of programs is available for free or a small fee ranging from \$10-20 per session to \$120 per cycle.

Population: Children with Autism and their Families

We believe that families come first. Last. And always. We work to develop an individualized plan to celebrate a child's abilities and help them advance. We believe that we can best serve your child by using a multi-disciplinary approach to promote growth and ensure they thrive. Family Initiative, Inc. is committed to engaging in community partnerships to empower families and ensure the safety, permanency, and well-being of children. Utilizing a family-centered and holistic approach, we maintain transparency in collaborating with all we serve.

FDLRS – Florida Diagnostic and Learning Resources System

2855 Colonial Blvd, Fort Myers, FL 33966

P: 239-337-8363, W: <https://islandcoast.fdlrs.org/>

Services/Specialties: Education, Training, Community Partnerships, School Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Children

The four central functions of each FDLRS Associate Center are Child Find, Parent Services, Human Resource Development, and Technology. FDLRS collaborates with districts, agency and support personnel, communities, families, and other educational personnel providing support services for educators, parents, school administrators, and students with exceptionalities.

Florida BH Impact

P: 833-951-0296, W: <https://flbhimpact.org/>

Services/Specialties: Maternal Mental Health, Resource Directory, Education, Resources, Early Intervention

Insurance/Costs: Not required. There is no cost to receive services

Population: Women

Florida BH Impact serves to provide information and resources to all of those seeking to help women receive the best care possible including health care practitioners, obstetricians, primary care physicians, social service providers, mental health care practitioners, community agencies, friends and family, and not least of all, the women who are seeking answers and tools to help themselves.

Florida Department of Children and Families

2295 Victoria Ave, Fort Myers, FL 33901

P: 239-332-2822, 800-500-1119 (DV Hotline), 800-962-2873 (Abuse Hotline)

W: <https://www.myflfamilies.com/>

Services/Specialties: Hotline, Abuse, Social Services, Neglect, Exploitation, Mental Health, Addiction, Foster Care, Resources, Education, Adoption

Insurance/Costs: Not required. There is no cost to receive services

Population: All

The mission of the Department of Children and Families is to work in partnership with local communities to protect the vulnerable, promote strong and economically self-sufficient families, and advance personal and family recovery and resiliency. We are a highly skilled workforce committed to empowering people with complex and varied needs to achieve the best outcomes for themselves and their families. In collaboration with community stakeholders, we will deliver world class and continuously improving service focused on providing the people we serve with the level and quality that we would demand and expect for our own families.

Florida Firefighters Safety & Health Collaborative

W: <https://floridafirefightersafety.org/>

Services/Specialties: Service Directory, Resources, Peer Support, Education

Insurance/Costs: Not required. There is no cost to receive services

Population: Firefighters

The Florida Firefighters Safety & Health Collaborative is a FREE Program to Fire Departments looking to enhance and maintain an effective Safety Committee and/or Safety Program. Our commitment is to focus on Firefighter Safety & Health by providing education, training, and sharing

of best practices to minimize risks and exposure to our Florida Firefighters. The FFHSC incorporates several topics; all aimed at improving Firefighter safety and health with a focus on: Firefighter cancer prevention, emotional and mental wellness, health & physical fitness and, safety on all emergency incidents.

Gemstones in the Making

6900 Daniels Parkway, Fort Myers, Florida 33912

P: 239-839-8774, W: <https://www.gemstonesinthemaking.com>

Services/Specialties: Mentoring, Therapy, Education, Community Programs

Insurance/Costs: Not required. There is no cost to receive services

Population: Young Women aged 14-19yrs

Gemstones in the Making exists to create nurturing environments for young women to grow through self-discovery, mentorship, and educational initiatives. We are all gemstones! Our vision is to create access to mental and behavioral health services and provide experiences to improve our participants well-being. We hope to see young women across the world living authentic and meaningful lives to their fullest potential. We envision all young women in the world understanding that we are ENOUGH.

Health Planning Council of Southwest FL

8961 Daniels Center Dr, Suite 401, Fort Myers, FL 33912

P: 239-433-6700, W: <https://hpcswf.com/>

Services/Specialties: Early Intervention, Navigators, Diabetes, Infant Mental Health, Advocacy, Resources

Insurance/Costs: Accepts Medicaid

Population: All

We are committed to improving the health and wellness of our community with PRIDE. Providing & promoting early health intervention, reducing health disparities, increasing access to quality health related services, Detecting & eliminating gaps in related services, Educating & Collaborating.

Home Base Florida Veteran and Family Care

9920 FGCU South Court, Fort Myers, FL 33913

P: 239-338-8389, W: <https://homebase.org/programs/florida/>

Services/Specialties: IOP, Therapy, Wellness, Resources, Advocacy

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Home Base Florida is dedicated to healing the invisible wounds of war – such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), anxiety, depression, and co-occurring substance use – for Veterans, Service Members and their Families through world-class clinical care, wellness, education, and research. Thanks to key partnerships and philanthropic support, we eliminate the financial barrier to accessing high quality care. All services are provided at no cost to the participant or family.

Jewish Family & Children’s Services of the Suncoast

1821 Victoria Ave, Suite B, Fort Myers, FL 33901

P: 941-366-2224, W: <https://jfcs-cares.org/>

Services/Specialties: Therapy, Financial Assistance, Housing, Legal Services, Training, Employment Assistance, Veterans, Homelessness, Case Management, Family Support, Senior’s, Resources, Support Programs, Social Services

Insurance/Costs: Not required. There is no cost to receive services

Population: All

JFCS of the Suncoast is one of the area’s leading mental health and human services agencies. Services are delivered on a non-denominational basis, inspired by the Jewish tradition of helping all people. With a goal to empower individuals to self-sufficiency and stability JFCS services provide comprehensive care to community members in need. Our staff, volunteers, donors and partners strive for an impactful change to the individuals’ lives forever.

Kids’ Minds Matter

9800 S HealthPark Dr, Suite 405, Fort Myers, FL 33908

P: 239-214-0921, W: <https://kidsmindsmatter.com/>

Services/Specialties: Resources, Philanthropy, Education, Advocacy, Community Partnership

Insurance/Costs: Not required. There is no cost to receive services

Population: Children

Founded in 2016, Kids’ Minds Matter originated to raise awareness about the need for pediatric mental and behavioral health care services and to raise the funds required to make these services available through Golisano Children’s Hospital of Southwest Florida and Lee Health. Today, Kids’ Minds Matter continues to create awareness, provide advocacy, and inspire philanthropy. Also, our advocates are dedicated to fostering partnerships that support existing services, identifying, and filling gaps in the continuum of care, and innovating new treatments.

Kimmie’s Recovery Zone

507 Center Rd, Fort Myers, FL 33907

P: 844-579-7337, W: www.kimmiesrecoveryzone.org

Services/Specialties: Substance Use, Support Programs, Peer Support, Community Partnerships, Advocacy, Resources, Education, NARCAN Distribution

Insurance/Costs: Not required. There is no cost to receive services

Population: Children

A Recovery Community Organization (RCO), an independent, non-profit organization led and governed by representatives of local communities of recovery. These organizations organize recovery-focused policy advocacy activities, carry out recovery-focused community education and outreach programs, and/or provide peer-based recovery support services.

Mental Health Association Southwest Florida

2335 9th St, N Naples, FL 34103

P: 239-261-5405, W: <https://www.mhaswfl.org/>

Services/Specialties: Addiction, Peer Support, Advocacy, Financial Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Families

The Mental Health Association of Southwest Florida (MHASWFL) is dedicated to promoting mental health, preventing mental and substance use conditions, and achieving victory over mental illnesses and addictions. As the “go-to” agency in the area, we not only offer Adult Wellness programs but also aid individuals seeking referrals to mental health professionals and services. We understand the importance of access to information, which is why we are committed to providing resources related to mental health issues and social services in Collier and Lee Counties.

NAMI Lee, Charlotte & Hendry Counties

8191 College Pkwy, Suite 201, Fort Myers, FL 33919

P: 239-337-9024, W: <https://namilee.org/>

Services/Specialties: Education, Support Programs, Advocacy

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Located in Fort Myers, NAMI LCH raises awareness and provides essential education, advocacy, and support group programs at no cost for people living with mental illness and their loved ones right here in our community. NAMI LCH is a nonprofit, grassroots organization that addresses the mental health needs of our community, replaces stigma with understanding and helps thousands of families and individuals each year.

NAMI Collier County

5025 Castello Drive, Naples, FL 34103

P: 239-260-7300, W: <https://namicollier.org/>

Services/Specialties: Life Skills, Housing, Employment Assistance, Support Programs, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: All

We are a nonprofit that provides mental health support, advocacy, and education to inspire resilience and strengthen communities in our region. NAMI Collier County makes a positive impact on the community's social, emotional and behavioral health by both raising awareness and putting boots on the ground – managing a comprehensive array of programs and support groups for all ages including babies and children.

Naples Pride Center

2248 Airport-Pulling Rd, South Naples, FL

P: 239-304-9407, W: <https://www.naplespride.org/the-pride-center>

Services/Specialties: Therapy, Housing, Legal Services, Community Programs, Employment Assistance, Advocacy, Resources, STI Testing, Wellness

Insurance/Costs: Not required. There is no cost to receive services

Population: LGBTQ+

A safe, supportive space for the inclusive LGBTQ+ community to gather, unite and create change. A center where through support and social groups, LGBTQ+ people can empower one another, so they live to their full potential, all while educating our larger community. The Center is there when people need to reach out. It is a place for all of us to stand proud of who we are and who we have become; a place to inspire hope to all.

National Council on Alcoholism and Drug Dependence, Inc. (NCADD)

W: <https://ncadd.us/>

Services/Specialties: Education, Resources, Advocacy, Referral

Insurance/Costs: Not required. There is no cost to receive services

Population: All

For over 70 years, The National Council on Alcoholism and Drug Dependence, Inc. (NCADD) has been a valuable resource for millions of people struggling with alcoholism and addiction.

National Eating Disorder Association (NEDA)

4400 North Congress Avenue, Suite 100, West Palm Beach, FL 33407

P: 866-662-1235, W: <https://www.allianceforeatingdisorders.com/>

Services/Specialties: Support Groups, Peer Support, Advocacy, Resources, Referrals, Education

Insurance/Costs: Not required. There is no cost to receive services

Population: All

The National Alliance for Eating Disorders ("The Alliance") is the leading national non-profit organization providing education, referrals, and support for all individuals experiencing eating disorders, as well as their loved ones.

Pace Center for Girls

3800 Evans Ave, Fort Myers, FL 33901

P: 239-425-2366, W: <https://www.pacecenter.org/>

Services/Specialties: Education, Therapy, Training, Advocacy

Insurance/Costs: Not required. There is no cost to receive services

Population: Girls 11-17yrs and their Families

Pace's team of therapists and counselors offers social, emotional, behavioral health and support services for girls ages 11-17 and their families. Reach therapists operate in schools and in the community providing services in a variety of locations. Reach helps girls build relationships, learn communication skills, build positive coping skills, improve grades and more from the comfort of familiar places. Our approach cares for girls' physical, emotional, intellectual, spiritual, and relational development needs. We recognize that the concerns in one area may impact other and require support to allow girls to fully develop into healthy adults.

Patty's Place

4109 Del Prado Blvd S, Cape Coral, FL 33904

P: 239-471-7047, W: <https://www.pattysplace.org/>

Services/Specialties: Referrals, Advocacy

Insurance/Costs: Self-pay

Population: Youth aged 10-26yrs

Patty's Place Concierge Youth Mental Health Care is a resource hub that provides support for youth ages 10 - 26 and their families. We develop support plans, offer guidance, and provide monitoring of an individual's progress. If additional long-term support is recommended or specialty care is required, we ensure that families get connected to the appropriate community providers. We recognize that the concerns in one area may impact other and require support to allow girls to fully develop into healthy adults.

Quality Life Center of SW Florida

3210 Dr. Martin Luther King Jr. Blvd, Fort Myers, FL 33916

P: 239-334-2797, W: <https://qualitylifecenter.org/>

Services/Specialties: Therapy, Support Groups, Education, Life Skills, Community Programs

Insurance/Costs: Self-Pay

Population: Children, Families

At Quality Life Center, we strive to create a brighter future for both individuals and communities. Through a blend of academic enrichment, performing arts, leadership development, and cultural awareness, we empower young people and underserved communities to unlock their full potential and thrive in a world of possibilities. Join our vision of personal and community transformation!

SAFE in Central Florida

W: <https://www.safecentralflorida.com/>

Services/Specialties: Human Trafficking, Sexual Exploitation Advocacy, Community Partnerships, Education

Insurance/Costs: Not required. There is no cost to receive services

Population: Survivors of Human Trafficking and Sexual Exploitation

A STRATEGY addressing all parts of the fight against commercial sexual exploitation including prevention, intervention, and restoration. AN ALLIANCE of businesses, people and organizations who are united to combat commercial sexual exploitation in Central Florida. A FUND that invests tax-deductible donations in qualified, vetted organizations who are moving the needle in the fight.

St Matthew's House

2001 Airport Road, S Naples, FL 34112 (Collier County)

2031 Jackson St, Suite 140, Fort Myers, FL 33901 (Lee County)

P: 239-774-0500, W: <https://stmatthewshouse.org/>

Services/Specialties: Recovery Housing, Food, Clothing, Transition Services, Housing, Case Management, Homelessness, Addiction

Insurance/Costs: Not required. There is no cost to receive services. Admission fee for Recovery Housing

Population: All

As an expression of God's love in Southwest Florida, we are growing to ensure that no one experiencing hunger, homelessness or addiction is alone or without a pathway for their journey from crisis to contributor. Today, St. Matthew's House continues to run the original Emergency/Transitional Housing and Feeding Ministry along with its Justin's Place Recovery

Program, Collier County jail chaplain service, 6 thrift stores, a breakfast and lunch café that includes a full-service catering company, and retreat/conference center.

The Dubin Center

12685 New Brittany Blvd, Fort Myers, FL 33907

P: 239-437-3007, W: <https://dubincenter.com/>

Services/Specialties: Seniors, Dementia, Alzheimer's, Support Groups, Community Programs, Memory Screening

Insurance/Costs: Not required. There is no cost to receive services

Population: Caregivers of Seniors with Dementia/Alzheimer's

The Dubin Center is a local Alzheimer's and dementia resource center in Fort Myers, Florida offering support to family caregivers. Our mission is to achieve caregiver health, strength, and resilience by providing education, information, hope and compassion.

United Way of Lee, Hendry, and Glades

7273 Concourse Dr, Fort Myers, FL 33908

P: 211 (Helpline), 239-433-2000 (Office), W: <https://www.thearchwayinstitute.org>

Services/Specialties: Helpline, Social Services, Education, Community Partnerships, Community Programs, Support Groups

Insurance/Costs: Not required. There is no cost to receive services

Population: All

United Way of Lee, Hendry, and Glades is a volunteer driven organization dedicated to improving the quality of life for all people in our community. This is accomplished through fundraising, fund distribution, community building, volunteer advancement, and information and referral. 211 is a United Way program that provides free information and referral to human/social service agencies within Lee, Hendry, and Glades Counties. Clients can call and receive information and referrals appropriate to their needs.

Valerie's House

3551 Valerie's House Way, Fort Myers, FL 33916

P: 239-204-5804, W: <https://valereshouse.org/>

Services/Specialties: Peer Support, Community Programs, Grief, Bereavement, Education

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Families

The mission of Valerie's House is to help children and families work through the loss of a loved one together and go on to live fulfilling lives. Our vision is that No Child Will Grieve Alone. Among its

services, Valerie's House provides open-ended peer support groups and activities for children to heal after a significant loss in their life. Valerie's House is not a formal counseling center. It is a community and a platform for individuals to come together, share, and mentor each other through their grief. There is nothing like it in Southwest Florida — Valerie's House was the first organization between Tampa and Miami focused on supporting grieving children on an ongoing basis.

Visuality

2506 Second St, Suite 105, Fort Myers, FL 33901

P: 239-362-3134, W: <https://www.visualityswfl.org/>

Services/Specialties: Peer Support, Education, Advocacy

Insurance/Costs: Not required. There is no cost to receive services

Population: LGBTQ+

The mission of Visuality is to enhance and sustain the health and well-being of the lesbian, gay, bisexual, transgender, queer plus communities and our allies by providing activities, programs, educational events, and services that create community, empower community members, provide essential resources, advocate for civil and human rights; and embrace, promote and support our cultural diversity.

Crisis Services & Helplines

ANAD Eating Disorder Helpline

P: 888-375-7767

W: <https://anad.org/>

Services/Specialties: Helpline, Eating Disorders

Hours: Monday to Friday, 10am – 10pm EST

Population: All

ANAD's free, eating disorders Helpline is available to provide emotional support and referrals. Call us for any of the following reasons: if you think you have an eating disorder, if you think someone else has an eating disorder, treatment referrals, support and encouragement, general questions about eating disorders

Boys Town

P: 800-448-3000, Text "VOICE" to 20121

E: hotline@boystown.org (for ASL), W: <https://www.boystown.org/child-family-services/crisis>

Services/Specialties: Crisis Helpline

Hours: 24 hours a day, 7 days a week

Population: Children and Families

Provides a 24-hour, nationwide, short-term crisis intervention hotline to children and families experiencing any type of difficulty. Provides referrals to local agencies in the United States, Canada, Puerto Rico, The Virgin Islands, and Guam. Offers chat and texting services for teens.

Center for Progress and Excellence

P: 844-395-4432

W: <https://progressandexcellence.com/>

Services/Specialties: Mobile Crisis Unit, Crisis Helpline

Hours: 24 hours a day, 7 days a week

Population: All

The Goal for the Mobile Crisis Response Team is to reduce the number of involuntary Baker Acts through active crisis intervention techniques in Florida's Circuit 20 (Charlotte, Lee, Collier, Hendry, and Glades Counties). The Mobile Crisis Response Team (MCRT) consists of Case Managers, Peer Specialists, Master Level Clinicians, and a Licensed Professional on shift each shift. MCRT are on call 24 hours a day, 7 days a week to ensure the safety of the community.

Centerstone

P: 941-720-5014

W: <https://centerstone.org/>

Services/Specialties: Mobile Crisis Unit, Inpatient, Outpatient Therapy, Critical Incident Response

Hours: 24 hours a day, 7 days a week

Population: Adults

With specially trained crisis counselors, we are available 24 hours per day to support and respond to you, your family and friends who are experiencing a mental health crisis. Centerstone's Crisis Call Center provides confidential, urgent mental health and crisis counseling by telephone, enhanced follow-up care, and resources for accessing needed services and support.

Charlotte Behavioral Health Care

P: 844-395-4432 (CPE Crisis Helpline), 941-575-0222 (CRF)

W: <https://www.cbhcf.org/crisis-services-csu/>

Services/Specialties: Central Receiving Facility (CRF), Baker Act, Marchman Act, Detox

Hours: 24 hours a day, 7 days a week

Population: Children, Adults

Our CRF is a secure, short-term, inpatient unit for intensive behavioral, emotional or substance use situations. Voluntary detox is also provided on the unit. Our CRF provides assessment and referral services twenty-four hours a day for mental health and substance-related crises and provides a safe environment for the purpose of stabilizing clients during a period of crisis.

Childhelp National Child Abuse Helpline

P: 800-422-4453, 800-422-4453 (Text), Live Chat via Website

W: <https://www.childhelphelpline.org/>

Services/Specialties: Crisis Helpline, Child Abuse

Hours: 24 hours a day, 7 days a week

Population: Children and their Families

Dedicated to preventing child abuse, this 24/7 hotline is staffed by professional crisis counselors and translators who provide help and emergency/social service referrals in over 170 languages. Online chat with a trained professional is also available through the website.

Crisis Text Line

P: Text "HOME" to 741741, Live Chat via Website and WhatsApp

W: <https://www.crisistextline.org/>

Services/Specialties: Crisis Helpline, Mental Health, Behavioral Health

Hours: 24 hours a day, 7 days a week

Population: All

Crisis Text Line provides free, 24/7, high-quality text-based mental health support and crisis intervention by empowering a community of trained volunteers to support people in their moments of need. The Crisis Text Line serves anyone in the United States with this confidential and free 24/7 text line, connecting you with a trained crisis counselor.

David Lawrence Centers for Behavioral Health

P: 239-455-8500

W: <https://davidlawrencecenters.org/emergency-services/>

Services/Specialties: Helpline, Crisis Stabilization, Central Receiving Facility, Baker Act

Hours: 24 hours a day, 7 days a week

Population: Children, Adults

DLC provides inpatient crisis stabilization for children and adults who may be experiencing a variety of mental health or substance use emergencies. DLC is Collier County's Baker Act Receiving Facility. Referrals may be made by parents, law enforcement, local hospitals, medical professionals, the school system, or other concerned parties. An evaluation within 24 hours of admission helps to establish an initial treatment plan. Clients have access to a team of psychiatrists, nurses, physician assistants, nurse practitioners, discharge planning clinicians, and behavioral healthcare technicians to collaboratively design a holistic and individualized approach.

FDLE Human Trafficking Hotline

P: 855-FLA-SAFE (855-352-7233)

W: <https://www.fdle.state.fl.us/FFC/S4/SAR-Home>

Services/Specialties: Human Trafficking, Helpline

Hours: 24 hours a day, 7 days a week

Population: Adults

Report human trafficking to law enforcement in Florida.

First Candle

P: 800-221-7437

W: <https://firstcandle.org/bereavement-support/>

Services/Specialties: Grief, Bereavement, Helpline, Child Loss

Hours: 24 hours a day, 7 days a week

Population: Adults, Families

First Candle provides 24/7 bereavement support, offering compassion, expertise, professional guidance, and a network of people who understand because they too know the pain of losing a baby.

Florida Abuse Hotline

P: 800-962-2873

W: <https://www.myflfamilies.com/services/abuse/abuse-hotline>

Services/Specialties: Abuse, Neglect, Abandonment, Exploitation

Hours: 24 hours a day, 7 days a week

Population: Adults, Children

Report known or suspected child abuse, neglect or abandonment or known or suspected abuse, neglect, or exploitation of a vulnerable adult.

LGBT National Hotline

P: 888-843-4564 (National), 888-688-5428 (Coming Out), 800-246-7743 (Youth), 888-234-7243 (Seniors)

W: <https://lgbthotline.org/>

Services/Specialties: Helpline

Hours: Monday to Friday, 4pm – 12am EST; Sat 12pm – 5pm EST

Population: LGBTQ+

With hours Monday through Saturday, the LGBT National Hotline provides one-to-one peer support and a confidential, safe space for anyone to discuss issues with coming out, gender or sexual identity, relationship concerns, bullying, self-harm, and more.

Mission United

P: Dial 211 or 239-433-3900

W: <https://unitedwaylee.org/mission-united/>

Services/Specialties: Helpline, Veterans, Social Services, Resources

Hours: 24 hours a day, 7 days a week

Population: Veterans and their Families

MISSION UNITED™ serves as a single phone point of entry utilizing the 211 number to help local United States active military, veterans, and their families in Lee, Hendry, and Glades counties navigate and access needed services.

National Alliance on Mental Illness (NAMI) HelpLine

P: 800-950-NAMI (6264), or Text “HelpLine” to 62640

W: <https://www.nami.org/help>

Services/Specialties: Helpline, Mental Health

Hours: Monday to Friday, 10am – 10pm EST

Population: Adults, Adolescents

The NAMI HelpLine is a free, nationwide peer-support service providing information, resource referrals and support to people living with a mental health condition, their family members and caregivers, mental health providers and the public. HelpLine staff and volunteers are experienced, well-trained and able to provide guidance.

National Domestic Violence Helpline

P: 800-799-SAFE (800-799-7233), Text “START” to 88788

W: <https://www.thehotline.org/>

Services/Specialties: Helpline, Domestic Violence

Hours: 24 hours a day, 7 days a week

Population: All

24 hours a day, seven days a week, 365 days a year, the National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse. Contacts to The Hotline can expect highly-trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

National Eating Disorder Association Helpline

P: 866-662-1235

W: <https://www.nationaleatingdisorders.org/get-help/>

Services/Specialties: Helpline, Eating Disorders

Hours: Monday to Friday, 9am – 7pm EST

Population: All

Our free helpline is run by licensed therapists who specialize in eating disorders and are here to help!

National Human Trafficking Helpline

P: 888-373-7888, Text “BeFree” (233733), 711 (Hearing and speech impaired)

W: <https://humantraffickinghotline.org/en>

Services/Specialties: Helpline, Human Trafficking

Hours: 24 hours a day, 7 days a week

Population: Adults

The National Human Trafficking Hotline connects victims and survivors of sex and labor trafficking with services and supports to get help and stay safe. The Trafficking Hotline also receives tips about potential situations of sex and labor trafficking and facilitates reporting that information to the appropriate authorities in certain cases. The toll-free phone and SMS text lines and live online chat function are available 24 hours a day, 7 days a week, 365 days a year. Help is available in English or Spanish, or in more than 200 additional languages through an on-call interpreter.

National Runaway Safeline

P: 800-786-2929, 800-786-2929 (Text), Live Chat via Website

W: <https://www.1800runaway.org/#>

Services/Specialties: Crisis Helpline, Runaway Youth, Homelessness

Hours: 24 hours a day, 7 days a week

Population: Children, Youth, and their Families

Available 24/7, the National Runaway Safeline is a crisis hotline, online service, and judgment-free safe space for runaways and homeless young people and concerned adults

National Safe Place – Text 4 Help

P: Text "SAFE" + location (address, city, state) to 4HELP (44357). Reply with "2chat" for immediate help with a trained counselor.

W: <https://www.nationalsafeplace.org/txt-4-help>

Services/Specialties: Helpline, Teens, Mental Health, Behavioral Health

Hours: 24 hours a day, 7 days a week

Population: Adults

TXT 4 HELP works anywhere in the US and extends access to safety for teens. TXT 4 HELP can be used for the same reason a young person may go to a Safe Place site - abuse, bullying, family problems, depression, suicidal thoughts, and others. TXT 4 HELP counselors can provide support via text and can offer additional suggestions for immediate help regardless of where you are.

National Suicide Prevention Lifeline (Suicide & Crisis Helpline)

P: 988 (Call or Text), Live Chat via website

W: <https://988lifeline.org/>

Services/Specialties: Crisis Helpline, Suicide Prevention

Hours: 24 hours a day, 7 days a week

Population: Adults

The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Poison Control

P: 800-222-1222

W: <https://www.poison.org/>

Services/Specialties: Helpline, Poisons

Hours: 24 hours a day, 7 days a week

Population: All

If someone may have been poisoned, get help online with webPOISONCONTROL OR call Poison Control at 1-800-222-1222 to speak live with a poison expert at a poison control center right away. You can also get help from Poison Control if you have a question about whether something is poisonous or poisoning prevention. Poison Control is free, confidential, and available 24 hours a day, 7 days a week. Knowing is safer than guessing. If you suspect a poisoning, reach out to us right away for definitive answers.

Project HELP Rape Recovery & Victim Services Center

P: 800-329-7227

W: <https://projecthelpnaples.org/sexual-assault-victims-programs/>

Services/Specialties: Crisis Helpline, Rape Crisis Center, Crisis Response Team, Crisis Intervention, Forensic Facility, Support Programs

Hours: 24 hours a day, 7 days a week

Population: Those affected by rape, violence, crime or loss of a loved one.

Victims, law enforcement, local hospitals, and Health Centers can call upon Project HELP, Inc. to utilize our Sexual Assault Response Team (SART). Once our SART is notified, we begin either working with the victim individually or acting as advocates while they work with law enforcement. Our program allows victims the dignity of a safe, confidential and private room at our in-house facility where they have their rape evidence kits performed and questioning done. A SART member is always present to offer support. Project HELP, Inc also offers counseling and support groups to

assist survivors after the initial trauma. Our counseling services also extend to family members and friends also affected by the crime.

Rape, Abuse and Incest National Network (RAINN) – National Sexual Assault Hotline

P: 800-656-HOPE (4673), Live Chat via Website

W: <https://www.rainn.org/about-national-sexual-assault-online-hotline>

Services/Specialties: Crisis Helpline, Sexual Assault

Hours: 24 hours a day, 7 days a week

Population: All

Chat one-on-one with a RAINN support specialist to access a range of free services including confidential support from a trained support specialist, someone to help you talk through what happened, resources that can assist with your next steps toward healing and recovery, referrals for long term support in your area, information about the laws and resources in your community.

SalusCare

P: 239-275-4242

W: <https://www.saluscareflorida.org/treatment-services/emergency/>

Services/Specialties: Central Receiving Facility, Baker Act, Detox

Hours: 24 hours a day, 7 days a week

Population: Adults

SalusCare operates a 16-bed children and 30-bed adult crisis stabilization unit at our Colonial Campus, providing secure, inpatient psychiatric stabilization for those requiring the highest level of care and that may be at risk of harming themselves or others. Individuals receiving care here may arrive via law enforcement under the Baker Act or can present on a voluntary basis to be assessed for appropriateness of admission. Detoxification Services is an inpatient 20-bed facility and provides adults who are suffering from the acute symptoms of substance withdrawal. medically supervised under the direction of a physician.

Substance Abuse and Mental Health Services Administration (SAMHSA) Distress Helpline

P: 800-985-5990 (Call or Text), ASL Chat via Website

W: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

Services/Specialties: Helpline, Disaster Response

Hours: 24 hours a day, 7 days a week

Population: Adults

The Disaster Distress Helpline (DDH) is the first national hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline

P: 800-662-4357, Text: 5-digit zip code to 435748 (HELP4U)

W: <https://www.samhsa.gov/find-help/national-helpline>

Services/Specialties: Helpline, Mental Health, Substance Use

Hours: 24 hours a day, 7 days a week

Population: Adults

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. SAMHSA's National Helpline also now offers free, confidential, 24/7, 365-day-a-year treatment referral and information services via text message (HELP4U).

The Center for Abuse & Rape Emergencies, Inc. (C.A.R.E.)

P: 941-627-6000 (24hr Crisis Helpline), 941-637-0404 (Sexual Assault Helpline)

W: <https://carefl.org/get-help/>

Services/Specialties: Crisis Helpline, Rape Crisis Center, Forensic Facility

Hours: 24 hours a day, 7 days a week

Population: Victims and survivors of abuse and rape

C.A.R.E.'s crisis hotline is answered 24 hours a day, 365 days a year, to provide immediate response to the needs of the callers. Certified Rape Crisis Center for assessment and care of victims.

The Shelter for Abused Women and Children in Naples

P: 239-775-1101 (Call or Text)

W: <https://naplesshelter.org/>

Services/Specialties: Crisis Helpline, Housing, Domestic Violence, Human Trafficking, Pet Services

Hours: 24 hours a day, 7 days a week

Population: Victims of Domestic Violence and Human Trafficking and their families.

The Shelter provides safe shelter, counseling, prevention, and community education programs, all free of charge.

The Trevor Project

P: 866-488-7386, Text "START" to 678-678, Live Chat via Website

W: <https://www.thetrevorproject.org/get-help/>

Services/Specialties: Helpline, Suicide

Hours: 24 hours a day, 7 days a week

Population: LGBTQ+

Crisis counselors are trained to answer calls, chats, or texts from LGBTQ young people who reach out on our free, confidential, and secure 24/7 service when they are struggling with issues such as coming out, LGBTQ identity, depression, and suicide. If you are thinking about harming yourself — get immediate crisis support. Connect to a crisis counselor 24/7, 365 days a year, from anywhere in the U.S via text, chat, or phone. The Trevor Project is 100% confidential and 100% free.

Trans Lifeline Helpline

P: 877-565-8860

W: <https://translifeline.org/hotline/>

Services/Specialties: Helpline

Hours: Monday to Friday, 1pm – 9pm EST

Population: LGBTQ+

Trans Lifeline’s Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call us if you need someone trans to talk to, even if you’re not in a crisis or if you’re not sure you’re trans.

Veterans Crisis Line

P: 988 (Call then press 1), 838255 (Text), Live Chat via Website

W: <https://www.veteranscrisisline.net/>

Services/Specialties: Crisis Helpline

Hours: 24 hours a day, 7 days a week

Population: Veterans and their Families

Veterans and service members in crisis aren’t alone. If you’re thinking about hurting yourself, having thoughts of suicide, or becoming self-destructive, we’re ready to help. Contact us immediately if you or the Veteran or service member in your life is showing signs of crisis, such as, talking about feeling hopeless, experiencing anxiety or agitation, increasing risky behaviors or substance use.

Warm Line

P: 800-945-1355

W: <https://www.warmline.org/>

Services/Specialties: Helpline

Hours: 4pm – 10pm EST, 365 days per year

Population: Adults

A WARMLINE is staffed with Peer Specialists who can offer hope, strength, and knowledge gained from their own personal experiences living with mental health issues and/or substance use disorders

Directories

Agency for Persons with Disabilities

W: <https://resourcedirectory.apd.myflorida.com/>

Services/Specialties: Service Directory, Resource Directory

Population: People with a Disability

The Agency for Persons with Disabilities (APD) maintains this community resource directory as an informational tool to help individuals with disabilities learn about free and low-cost programs available in their respective areas.

ANAD Treatment Directory

W: <https://anad.org/get-help/treatment-directory/>

Services/Specialties: Service Directory, Eating Disorders

Population: All

An online directory of therapists, dietitians, physicians, treatment centers and more.

Benefits Checkup

W: <https://benefitscheckup.org/>

Services/Specialties: Resource Directory

Population: Seniors, People with a Disability

Connects millions of older adults and people with disabilities with benefits programs that can help pay for health care, medicine, food, utilities and more.

Findhelp.org

W: <https://www.findhelp.org/>

Services/Specialties: Service Directory, Resources, Food, Housing, Financial Assistance, Health care

Population: All

Find free or reduced-cost resources like food, housing, financial assistance, health care, and more. Help starts here.

Findtreatment.gov

W: <https://findtreatment.gov/>

Services/Specialties: Service Directory, Resources, Mental Health, Behavioral Health, Addiction

Population: All

Welcome to FindTreatment.gov, the confidential and anonymous resource for persons seeking treatment for mental and substance use disorders in the United States and its territories.

Florida BH Impact

W: <https://flmomshealth.org/>

Services/Specialties: Service Directory, Resource Directory, Maternal Mental Health

Population: Women

Are you pregnant? Or do you have a child under two years old? Search our directory to find providers and other resources in Florida to support your mental and behavioral health. That includes help with post-partum depression, anxiety, substance use disorder, and other conditions. Connect with services that fit personal healthcare desires, preferred payment type, insurance status, and location. We also welcome clinicians and other providers seeking resources for their patients.

Lee County Food Pantries

W: https://www.needhelppayingbills.com/html/lee_county_food_pantries.html

Services/Specialties: Food, Resource Directory*

Population: All

***Resources listed may not have been updated. Please contact specific services and visit their website to confirm availability and hours of operation.** The Lee County region of Florida has several free food pantries that offer groceries, meals, perishable items, and other support. The primary focus of the non-profits is on offering free food today to struggling households. There are also soup kitchens, free holiday meal programs and government benefits. Anyone from Fort Myers, Cape Coral, or the surrounding community can contact a free food bank near them in Lee County FL listed for assistance.

Lee County Homeless Coalition – Free Meal Sites

W: <https://www.leehomeless.org/wp-content/uploads/2021/10/2021-Meal-Sites-10-25-21.pdf>

Services/Specialties: Food, Resource Directory*

Population: All

***Resources listed may not have been updated. Please contact specific services and visit their website to confirm availability and hours of operation.** This resource provides contact information for free meal services across Lee County, including Fort Myers, North Fort Myers, and Cape Coral.

Lee County Homeless Shelters

W: https://www.shelterlistings.org/county/fl-lee-county.html#google_vignette

Services/Specialties: Residential Support, Homelessness, Addiction, Transition Services, Resource Directory

Population: All

Shelter Listings is dedicated to serving the homeless and low-income. We have listed out the shelters and low-cost housing services we have in, FL below. This list has homeless shelters, halfway houses, affordable housing, etc. The database consists of over 3,000 listings and includes emergency shelters, homeless shelters, day shelters, transitional housing, shared housing, residential drug alcohol rehabilitation programs and permanent affordable housing.

Lee Health Food Resource List

W: <https://www.leehealth.org/community-resources/food-resources>

Services/Specialties: Food, Resource Directory

Population: All

A selection of meal services across Fort Myers selected by Lee Health Community Affairs.

LifeStance Health

8570 Granite Ct, Suite 101, Fort Myers, FL 33908

P: 321-396-1898, W: <https://lifestance.com/>

Services/Specialties: Service Directory, Therapy, Psychiatry, Medication Management, Outpatient, Telehealth, Addiction, Mental Health

Insurance: Accepts most insurances. Call for details.

Population: All

LifeStance is a mental healthcare company focused on providing evidence-based, medically driven treatment services for children, adolescents, and adults suffering from a variety of mental health issues in an outpatient care setting, both in-person and through its digital health telemedicine offering.

National Human Trafficking Referral Directory

W: <https://humantraffickinghotline.org/en/find-local-services>

Services/Specialties: Human Trafficking, Exploitation, Resource Directory

Population: Victims and survivors of Human Trafficking

This online Referral Directory is made up of anti-trafficking organizations and programs that offer emergency, transitional, or long-term services to victims and survivors of human trafficking as well as those that provide resources and opportunities in the anti-trafficking field. If you would like direct personal assistance, are having trouble accessing services, or cannot find what you are looking for, please contact the National Human Trafficking Hotline directly to speak with a hotline advocate 24/7.

National Trafficking Sheltered Alliance

672 Old Mill Rd, Suite 123, Millersville, MD 21108
P: 443-453-5037, W: <https://shelteredalliance.org/>

Services/Specialties: Housing, Human Trafficking, Resource Directory

Cost: \$60-\$110 per month

Population: Survivors of Human Trafficking and Sexual Exploitation

The National Trafficking Sheltered Alliance (NTSA) is a network of service providers committed to enhancing services and increasing access to care for survivors of human trafficking and sexual exploitation. Together, we are furthering opportunities for survivors to find hope in three strategic ways: Alliance Referral System, Membership & Knowledge Center, Accreditation.

Psychology Today Service Directory

W: <https://www.psychologytoday.com/us>

Services/Specialties: Therapy, Telehealth, Psychiatry, Treatment Centers, Support Groups, Service Directory

Population: All

Directory to find services including therapists, online therapy, psychiatrists, treatment centers and support groups from the US and around the world.

Redline Rescue

W: <https://redlinerescue.org/Default.aspx>

Services/Specialties: Service Directory

Population: Firefighters and their Families

Proudly operated by UCF RESTORES, Redline Rescue is dedicated to the mission of serving firefighters and their families in their times of need. Their directory enables the search for clinicians, peer support specialists, and chaplains through a variety of filters.

Rehab.com

W: <https://www.rehab.com/>

Services/Specialties: Service Directory, Addiction, Substance Use

Population: All

We are dedicated to providing evidence-based information about addiction and treatment centers across America. Our goal is to provide access to the largest repository of addiction information and the most accurate listings of treatment centers to help those suffering from chemical dependence.

Education, Training & Vocational Rehab

AIM Target Programs Inc.

3049 Cleveland Ave, Suite 100, Fort Myers, FL 33901

P: 239-939-3363, W: <http://aimtargetprograms.com/>

Services/Specialties: Drug Testing, Outpatient, Therapy, Telehealth, Anger Management, Substance Use, Domestic Violence

Insurance/Costs: Self-pay

Population: Adults, Families

AIM Target Programs helps members of SWFL and state-wide communities to overcome substance abuse, domestic violence, and anger management challenges in their lives. With over 30 years in the Justice System, we support clients in completing their legal obligations successfully. We help local businesses reduce poor work performance, absenteeism, costs associated with legal actions, medical expenses, and more by offering your Employee Assistance Programs a full range of services related to drug testing, counseling services for substance, domestic violence, and anger management.

AMI Kids

1190 Main St, Fort Myers Beach, FL 33931

P: 239-765-9696, W: <http://www.amikids.org>

Services/Specialties: Juvenile Justice, Community Programs, Residential Programs, Therapy, Pre-apprenticeship Programs, Outpatient, Delinquency Prevention, Youth

Insurance/Costs: Not required. There is no cost to receive services

Population: Youth aged 14-21yrs

AMIkids has empowers young people by helping them discover their full potential and guiding them on their paths to a positive future. Their model ties together education and workforce development, treatment, and behavior and skills training, to maximize protective factors that enhance program completion rates and foster academic achievement.

Cape Coral Technical College

360 Santa Barbara Blvd, N Cape Coral, FL 33993

P: 239-574-4440, W: <https://capecoraltech.edu/>

Services/Specialties: Education, Training

Insurance/Costs: Not required. There is no cost to receive services

Population: Ages 16yrs+

Cape Coral Technical College is an accredited tech center located in Lee County, Cape Coral, Florida. Built during the 1992-93 school year, Cape Coral Technical College focuses on preparing students for employment by providing a quality, technology-oriented education in business, technology, health, marketing, and culinary arts. Our instructors and Placement Service Program assist each student in securing employment.

CareerSource Southwest Florida

6800 Shoppes at Plantation Dr, Suite 170, Fort Myers, FL 33912
P: 239-931-8200, W: <https://careersourcesouthwestflorida.com/>

Services/Specialties: Career Counseling, Life Skills, Job Search Assistance, Mentoring, Employment Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Young Adults, Adults, Veterans, People with a Disability

We provide various services such as job training, job placement, business coaching, access to subsidized training funds, and other resources. Offers priority workforce services to veterans (especially those with barriers) with career planning, training, and placement.

Florida Division of Blind Services

5256 Summerlin Commons Way, Suite 201, Fort Myers, FL 33907
P: 239-278-7130, W: <https://dbs.fldoe.org/>

Services/Specialties: Education, Vocational Rehab, Employment Assistance, Transition Services, Independent Living Assistance, Training, Resources

Insurance/Costs: Not required. There is no cost to receive services

Population: Blind and visually impaired individuals

The Florida Division of Blind Services helps blind and visually impaired individuals achieve their goals and live their lives with as much independence and self-direction as possible. To apply for services, you must first download and complete the Application for Services Form and submit it to your nearest Division of Blind Services office.

Fort Myers Technical College

3800 Michigan Ave, Fort Myers, FL 33916
P: 239-334-4544, W: www.fortmyerstech.edu

Services/Specialties: Education, Training

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

Fort Myers Technical College provides students with industry-standard technology and equipment in all classrooms and labs. FMTC provides an education that enables students to become productive members of the workforce and community. Our instructors are licensed and certified teaching professionals. Our employer-driven career education is sought after by students in need of job training or looking to enhance their skills for career advancement. Students train for secure, high-paying careers and nationally recognized industry certifications. A typical full-time day for a workforce education adult student is six hours per day, thirty hours per week.

Future Makers Coalition

2031 Jackson St, Fort Myers, FL 33901

P: 239-274-5900, W: <https://www.futuremakerscoalition.com/>

Services/Specialties: Education, Training, Employment Assistance, Mentoring

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Help Southwest Floridians earn the high-quality credentials needed to enter the workforce. The target population includes traditional-age students who are facing significant barriers to education beyond high school, adults with no education beyond high school, and adults who started a degree or certificate program but never finished.

Goodwill Community Resource Centers

5100 Tice St, Fort Myers, FL 33905

P: 239-995-2106, W: <https://goodwillswfl.org/>

Services/Specialties: Education, Training, Housing, Food

Insurance/Costs: Not required. There is no cost to receive services

Population: People with a Disability and/or Disadvantage

Goodwill Industries of Southwest Florida's mission is to provide programs and services for people with disabilities and disadvantage and other barriers to employment. We provide job training/placement, affordable housing, youth programs and other needed services. Our programs are funded partially through our 38 Southwest Florida Retail & Donation Centers.

Labor Finders

3814 Palm Beach Blvd, Fort Myers, FL 33916

P: 239-334-1964, W: <https://www.laborfinders.com/>

Services/Specialties: Employment Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

Since 1975, Labor Finders has had a simple and clear mission: Driving Success and Changing Lives Through Meaningful Employment Partnerships. By embodying this mission, we've built an honest and dependable staffing company that employs more than 20,000 people daily. Unlike some other staffing companies, Labor Finders' network of almost 200 offices nationwide is locally owned and operated. We are a Temporary Staffing and Employment Agency. Our methods are simple. We staff trustworthy, skilled workers in various positions, including production assembly, construction, maintenance, electrical, carpentry, welding, office/clerical, and more. Then, we match them with the perfect employer.

Literacy Council Gulf Coast

26820 Old 41, Bonita Springs, FL 34135

P: 239-676-5202, W: <http://www.literacygulfcoast.org>

Services/Specialties: Education, Literacy, Community Programs

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

We are a 501 (c) 3 non-profit organization committed to improving English language and reading skills of adults and children throughout Southwest Florida. The Literacy Council Gulf Coast provides free instruction for adults in reading and writing, and in English for Speakers of Other Languages (ESOL). We offer Moms and Tots Family Literacy for mothers and their young children and Kids + Lifelong Learning for parents in Title I schools. Additionally, we offer work-site literacy programs at local golf/gated communities. Our program serves residents of Bonita Springs, San Carlos Park, Estero, Fort Myers, Cape Coral, Sanibel & Naples.

People Ready

2306 Dr Martin Luther King Jr. Blvd, Suite 110, Fort Myers, FL 33901

P: 239-694-1775, W: <https://www.peopleready.com/>

Services/Specialties: Employment Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

PeopleReady connects businesses to thousands of qualified and motivated local temporary workers.

School District of Lee County - Exceptional Student Education (ESE)

2855 Colonial Blvd, Fort Myers, FL 33916

P: 239-337-8104, W:

https://www.leeschools.net/our_district/departments/academic_services/exceptional_student_education

Services/Specialties: Education

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Adolescents aged 3-21yrs

Through the Exceptional Student Education Department, the District offers a free and appropriate public education in compliance with the federally mandated Individuals with Disabilities Education Improvement Act of 2004 (IDEA). A continuum of services and programs is available to meet the individual needs of students requiring special education, ages 3 through 21.

Healthcare

AHF Healthcare Center

2231 McGregor Blvd, Fort Myers, FL 33901
P: 239-210-9980, W: <https://www.hivcare.org>

Services/Specialties: HIV

Insurance/Costs: Accepts most major insurance plans. Call for details.

Population: All

Provide advanced medical care designed specifically for HIV-positive clients.

American Academy of Ophthalmology – EyeCare America

P: 877-887-6327, W: <https://www.aao.org/eyecare-america>

Services/Specialties: Vision Services

Insurance/Costs: Not required. There is no cost to receive services

Population: All

AAOO provides a range of services through EyeCare America, one of the country's leading public service programs, provides eye care through our volunteer ophthalmologists. These include The Seniors Program, which connects eligible seniors 65 and older with local volunteer ophthalmologists who provide a medical eye exam often at no out-of-pocket cost, and up to one year of follow up care for any condition diagnosed during the initial exam, for the physician services; Free or discounted ophthalmic medications; and the Glaucoma Program provides a glaucoma eye exam at no cost to those who are eligible and uninsured. Those who are eligible and insured are billed and responsible for any co-payments.

American Glaucoma Society

P: 415-561-8587, W: <https://www.americanglaucomasociety.net/patient-family-resources/ags-cares>

Services/Specialties: Vision Services

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

AGS Cares is a public service program supported by the AGS Foundation. They provide surgical glaucoma care at no cost to uninsured or underserved patients who qualify for such care.

Association of Anorexia Nervosa and Associated Disorders (ANAD)

PO Box 409047, Chicago, IL 60640

P: 888-375-7767, W: <https://anad.org/>

Services/Specialties: Eating Disorders, Peer Support, Education, Resources

Insurance/Costs: Not required. There is no cost to receive services

Population: All

If you are struggling with an eating disorder such as anorexia, bulimia, or binge eating, ANAD is here to help. For nearly 45 years, we have provided free, peer support services to those struggling with eating disorders. From our Helpline and treatment directory to our support groups and mentorship program, there are so many ways to get help at ANAD! Healing is possible.

Comfort Keepers

12480 Brantley Commons Ct, Suite 101, Fort Myers, FL 33907

P: 239-590-8999, W: <https://www.comfortkeepers.com/offices/florida/fort-myers/>

Services/Specialties: Seniors, In-Home Care, Transportation, Hospice, Alzheimer's, Dementia, Skilled Nursing, Transition Services

Insurance/Costs: Long term care insurance plans accepted

Population: Seniors

Comfort Keepers is a leading provider of in-home, non-medical care for seniors and other adults in need of assistance with daily activities. Our highly trained and dedicated caregivers can help your loved one stay in the comfort of their home for as long as safely possible - a dream come true for many elders. We understand the struggle family members face when a loved one needs extra assistance in their home. We're here to help. Our caregivers alleviate this stress by providing professional in-home care services with a personal touch.

Community Pregnancy Clinics

8660 College Pkwy, Suite 200, Fort Myers, FL 33919

P: 239-990-5180, W: <https://communitypregnancyclinic.com/>

Services/Specialties: Pregnancy Testing, Therapy, Referrals, Maternal Mental Health, Clothing, Ultrasound, STI Testing

Insurance/Costs: Not required. There is no cost to receive services

Population: Women

At Community Pregnancy Clinics, we are here for you! We offer free pregnancy tests, free ultrasounds, free STI Testing, and free support during and after your pregnancy.

Early Steps (Health Planning Council)

8961 Daniels Center Dr, Suite 401, Fort Myers, FL 33912

P: 239-433-6700, W: <https://www.hpcswf.com/early-steps-program/>

Services/Specialties: Developmental Delay, Autism, Early Intervention

Insurance/Costs: Not required. There is no cost to receive services

Population: Children 0-3yrs

Early Steps is an early intervention program for children ages 0-3, who may be experiencing developmental delays or disabilities. We'll provide the education, tools, and support that you, your family, or caregiver needs to help improve your child's daily functioning skills. From the comfort of your home or natural environment, our care team will work with you to build a personalized care plan, encouraging the natural development of your child. Our family of providers are ready to support you on this journey. Complete a referral form today to get started.

Family Dental of Southwest Florida

Various locations across Lee County

W: <https://fhcswfl.org/services/>

Services/Specialties: Dental Services

Insurance/Costs: Accepts insurance plans, including Medicaid, Medicare, and Children's Health Insurance Program (CHIP). Serves all patients regardless of ability to pay. Discounts for essential services are offered base on family size and income.

Population: All

Our General Dentistry providers offer preventative and restorative services, cosmetic procedures and offer an insight into other health issues that can be related to your oral health.

Florida KidCare

P: 888-540-KIDS (5437), W: <https://www.floridakidcare.org/>

Services/Specialties: Insurance Provider

Insurance/Costs: Provider

Population: Children

Quality, affordable health, vision, and dental insurance for children from birth through age eighteen. Includes free, subsidized low cost and full-pay options based on family income and household size.

FSW Dental Hygiene Clinic

8099 College Pkwy, Building A, Fort Myers, FL 33919

P: 239-985-8334, W: <https://www.fsw.edu/news/detail/3229>

Services/Specialties: Dental Services

Insurance/Costs: \$30 for children ages 17 and under and \$50 for adults.

Population: All

The FSW Dental Hygiene Clinic provides low-cost dental services including examinations, cleanings, x-rays, and dental sealants performed by FSW Dental Hygiene students under the guidance of professional FSW Dental Hygiene faculty.

Healthcare Network

1454 Madison Ave, W Immokalee, FL 34142

P: 239-658-3000, W: <https://healthcareswfl.org/>

Services/Specialties: Therapy, Telehealth, Outpatient, Primary Care

Insurance/Costs: Medicaid, Medicare, and many large commercial insurance plans. Sliding scale available.

Population: All

At Healthcare Network, we believe the best approach to wellness involves treating both the body and mind. That is why we care for our patients using the integrated care model, which allows patients to receive behavioral health services when they visit for adult, pediatric and women's care services. We treat the whole person in one setting.

Healthy Start Southwest Florida

1921 Jefferson Ave, Fort Myers, FL 33901

P: 239-425-6920, W: <https://healthystartbaby.org/>

Services/Specialties: Maternal Mental Health, Substance Use, Therapy, Early Intervention, Resources, Advocacy, Education

Insurance/Costs: Not required. There is no cost to receive services

Population: Women, Infants

Our mission is to increase healthy births by improving health & developmental outcomes for young children and reduce the number of infant deaths in Collier, Hendry, Glades, and Lee County. Last year, more than 15,000 pregnant women and infants benefited from our services through Healthy Start Coalition of Southwest Florida. Our responsibility in the community is to: Ensure access to prenatal and infant medical care and services, Monitor, and educate the community on pregnancy and birth outcomes, Advocate & build partnerships to fill service gaps, and Allocate service funds in the community and provide quality assurance over the services.

Memory Care Clinic at Lee Health

12600 Creekside Ln, Suites 4&7, Fort Myers, FL 33919

P: 239-343-9220, W: <https://www.leehealth.org/our-services/memory-care>

Services/Specialties: Alzheimer's, Dementia, Caregiver Support, Neurodiagnostic

Insurance/Costs: Accepts most major insurance plans. Call for details.

Population: Seniors

Memory loss disorders such as Alzheimer's disease or dementia conditions can result in significant memory loss, confusion, and behavioral changes, making daily tasks and maintaining independence a challenge. At Lee Health, we understand the complexities that individuals and families experiencing memory loss conditions face. Our dedicated team of professionals is committed to providing the highest level of care and support, aiming to enhance the well-being and life quality for those in our memory care program. Our memory care services are tailored to offer comprehensive support and assistance to those living with memory loss conditions.

Mission Cataracts USA / Center for Sight (CFS)

12600 Creekside Ln, Suites 4&7, Fort Myers, FL 33919 (CFS)

P: 941-925-2020 (CFS), W: <https://missioncataractusa.org/doctors-and-clinics>,
www.centerforsight.net

Services/Specialties: Vision Services

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

Mission Cataract USA offers free cataract surgery for people in the US who have no insurance and no means to pay. To apply for the free cataract surgery, please call the nearest participating doctor in your state (Center for Sight).

Neuropsychiatric Research Center of Southwest Florida

14271 Metropolis Ave, Suite A, Fort Myers, FL 33912

P: 239-939-7777, W: <https://nprc-swfl.com/>

Services/Specialties: Psychiatry, Research, Alzheimer's

Insurance/Costs: Not required. There is no cost to receive services

Population: Seniors

Neuropsychiatric Research Center was founded to serve a real need for a high-quality clinical research unit. We have the experience and facility to conduct safe, precise, well controlled clinical research with new and existing drugs.

New Eyes

W: <https://new-eyes.org/>

Services/Specialties: Vision Services

Insurance/Costs: Not required. There is no cost to receive services. Eligibility criteria available on website

Population: Adults, Children

Assists low-income adults and children who have an eyeglasses prescription dated within the last 24 months to order a pair of eyeglasses with single or lined bifocal lenses at no cost to them. Non-refundable application fee is \$10 and covers administrative costs.

Project Dentist Care

2051 McGregor Blvd, Fort Myers, FL 33901

P: 239-561-1949, W: <https://www.projectdentistscare.org/>

Services/Specialties: Dental Services

Insurance/Costs: Call for details

Population: All

Our clinic provides basic dental services to patients making below two-hundred percent minimum poverty level.

Trauma Survivors Network, Lee Health – Trauma Peer Support Groups

13685 Doctor's Way, Suite 140, Fort Myers, FL, 33912

P: 239-343-1613, W: <https://www.traumasurvivorsnetwork.org/trauma-centers-271/>

Services/Specialties: Trauma, Peer Support, Caregiver Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Trauma patients and their families

Lee Health, in collaboration with the Trauma Survivors Network, provides several Peer Support groups to assist Trauma patients and their families, including groups for Brain Injury, TBI Survivors (adults and adolescents), Trauma Survivors, Caregivers Support, and survivors of violence. All groups are confidential, and meetings are held virtually. Dates and times can be found on the website, if you have any questions or would like to attend a group, contact the Lee Health Trauma Survivors Network Coordinator.

Trilogy Home Healthcare

13774 Plantation Rd, Floor 2, Fort Myers, FL 33912

P: 239-444-0800, W: <https://www.trilogyhomehealthcare.com/>

Services/Specialties: In-Home Care, Skilled Nursing, Physical Therapy, Occupational Therapy, Social Work, Personal Care

Insurance/Costs: Call for details

Population: All

Trilogy Home Healthcare provides advanced care to meet the individual needs of each patient – all in the comfort of their home. In collaboration with your healthcare provider, we develop a comprehensive, personalized plan of care to address your condition and meet your health goals. Care is then delivered to you in the home by our experienced and compassionate team members. Our goal is to always provide the best clinical care – helping you achieve positive health outcomes so you can live more confidently and independently.

Resource Support

A Voice in the Wilderness Foundation

3903 Dr. Martin Luther King Jr. Blvd, Suite F, Fort Myers, FL 33902
P: 239-810-6648

Services/Specialties: Addiction, Abuse, Food, Human Trafficking, Homelessness, Shelter, Transportation

Insurance/Costs: Not required. There is no cost to receive services

Population: All

A Voice in the Wilderness Empowerment Center is a trailblazing grassroots organization that provides emergency temporary shelter, and lifesaving support services throughout South and Southwest Florida. They restore individuals, including veterans, children, and families, who have fallen through the cracks. Many are experiencing addiction, exploitation, homelessness, or some combination of these.

Access 2 Care

P: 866-411-8920, W: <https://www.access2care.net/>

Services/Specialties: Transportation

Insurance/Costs: Medicare and Medicaid plans only

Population: Medicare and Medicaid members

Currently, we provide NEMT and managed transportation services to Medicaid and Medicare members through government and managed care organization (MCO) contracts, with customized programs for each client's unique service area and diverse population.

American Cancer Society: Road to Recovery

P: 800-227-2345, W: <https://www.cancer.org/support-programs-and-services/road-to-recovery.html>

Services/Specialties: Transportation

Insurance/Costs: Not required. There is no cost to receive services

Population: Cancer patients

Road to Recovery program for people with cancer who do not have a ride or unable to drive themselves to and from cancer treatments.

Amigos Center

1560 Matthew Dr, Suite A, Fort Myers, FL 33907
P: 239-274-0401, W: <https://amigoscenter.org/>

Services/Specialties: Legal Services, Immigration Services, Transportation

Insurance/Costs: Low cost

Population: Adults, Families

Uniting and strengthening families and our nation through the practice of low-cost and pro-bono immigration law.

Area Agency on Aging

2830 Winkler Ave, Suite 112, Fort Myers, FL 33916
P: 239-652-6900, W: <http://aaaswfl.org/>

Services/Specialties: Helpline, Social Services, Home-based Care, Community-based Care, Respite Services, Financial Assistance

Insurance/Costs: Not required. There is no cost to receive services. Services provided through State and Federal grants

Population: Seniors

The Area Agency on Aging for Southwest Florida (AAASWFL) is a nonprofit organization serving older adults (age 60-up) and adults with disabilities. We serve Charlotte, Collier, DeSoto, Glades, Hendry, Lee and Sarasota counties. AAASWFL is committed to connecting older adults and adults with disabilities to resources and assistance for living safely with independence and dignity.

Better Together

15275 Collier Blvd, Suite 201-284, Naples, FL 34119
P: 239-470-2733, W: <https://bettertogetherus.org/>

Services/Specialties: Child Abuse, Neglect, Employment Assistance, Housing, Therapy, Maternal Mental Health, Family Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Families

Our team is dedicated to helping people help themselves. We empower them to find employment and provide a loving, safe and supportive foundation for their children. We keep families together – and children out of foster care – by providing them with a temporary loving home and helping their parents work to build a better life. Because job loss is often the root cause of many serious issues, including child neglect, Better Jobs works with churches around the country to connect people with opportunities for stability, hope and success.

Cancer Alliance Network

3384 Wood's Edge Circle, Unit 102, Bonita Springs, FL 34134

P: 239-643-HOPE (4673), W: <https://www.canceralliancenenetwork.org/>

Services/Specialties: Cancer, Financial Assistance, Support Programs, Food, Wigs/Headwear

Insurance/Costs: Not required. There is no cost to receive services.

Population: Cancer patients and their families

Cancer Alliance Network offers non-medical financial aid, resources and support for children and adults battling cancer. Serving Collier and Lee County. CAN was formed to help our neighbors and friends through the most difficult times anyone could imagine. We aim to meet a grave need in our community to aid cancer-stricken families and individuals whose lives were being turned upside down financially and emotionally. Facing a world of unknowns and forced to make life changing medical decisions, as well as dealing with mounting pressures of everyday living expenses, CAN helps, when there is nowhere else to turn.

Cape Coral Minibus

400 Santa Barbara Blvd, Cape Coral, FL 33991

P: 239-574-0573

W: https://www.capecoral.gov/department/parks_and_recreationhome/mini_bus_service.php

Services/Specialties: Transportation

Insurance/Costs: \$12 round fee trip

Population: Seniors, People with a Disability

Door-to-door transport service for medical appointments and weekly shopping excursions within Cape Coral for disadvantaged Cape Coral residents. Services must be scheduled a minimum of 72 hours in advance.

Catholic Charities

1000 Pinebrook Road, Venice, FL 34285

P: 941-488-5581, W: <https://catholiccharitiesdov.org/>

Services/Specialties: Housing, Homelessness, Financial Assistance, Immigration Services, Food, After School Education, Human Trafficking

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Children's

Catholic Charities Diocese of Venice, Inc. is a non-profit organization that serves the needs of individuals and families in the Florida Gulf Coast region. Catholic Charities is committed to helping those in need, regardless of their religious background.

The Anti-Human Trafficking Assistance program has a long-standing commitment to the plight of human trafficking in Southwest Florida by providing intensive case management, mental health counseling and provision and coordination of services from basic human needs to legal representation to all individuals who are the victims of this crime as they attempt to integrate into society after being rescued.

The Center for Abuse & Rape Emergencies, Inc. (C.A.R.E.)

P.O. Box 510234 Punta Gorda, FL 33951

P: 941-639-5499, W: <https://carefl.org/>

Services/Specialties: Housing, Legal Advocacy, Financial Assistance, Pet Services, Advocacy, Education, Resources, Therapy, Case Management

Insurance/Costs: Not required. There is no cost to receive services

Population: Victims and survivors of abuse and rape

Certified domestic violence shelter for safe haven, providing services, advocacy, counseling and group sessions and more that are free of charge and confidentially.

Center for Independent Living Gulf Coast

7011 Cypress Terrace, Suite 103, Fort Myers, FL 33907

P: 239-260-4575, W: <https://www.cilgulfcoastflorida.org/>

Services/Specialties: Employment Assistance, Housing, Disability, Peer Support, Transition Services, Technology Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Youth, Adults, People with a Disability

Under the Rehabilitation Act of 1978, Congress established the Center for Independent Living in response to individuals with disabilities' need for core services focused on independent living skills training, peer support, information and referral, and advocacy. CILGC strives to enhance the lives of people with disabilities, regardless of age, in Lee, Collier, Charlotte, Glades and Henry counties. CILGC is a consumer-driven organization focused on providing individuals with disabilities an accessible link to achieving their life goals.

Center for Progress and Excellence

1500 Colonial Blvd, Suite 233, Fort Myers, FL 33907

P: 239-689-8490, W: <https://progressandexcellence.com/>

Services/Specialties: Hotline, Therapy, Telehealth, Transportation, Legal Services, Transition Services, Social Services, Outpatient, Juvenile Justice

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Adolescents, Adults

CPE is a mental health and social services agency located in Southwest Florida. Our goal is to provide quality mental health services to all individuals in need including linking them to long-term services to help individuals achieve mental wellness. We strive to increase access to mental health and social services to all individuals in Circuit 20.

Community Assisted and Supported Living (CASL)

2911 Fruitville Road, Sarasota, FL 34237

P: 941-225-2373, W: <https://caslinc.org/>

Services/Specialties: Housing, Case Management, Transition Services, Healthcare, Financial Assistance, Life Skills, Homelessness, Mental Health, Disability

Insurance/Costs: Eligibility criteria available on website

Population: All

Our mission is to provide safe, affordable, and permanent supportive housing for adults with developmental differences and mental health diagnosis. CASL sets up its families to succeed and be self-sufficient in their own lives and communities.

Florida Rural Legal Services

3210 Cleveland Ave, Suite 101, Fort Myers, FL 33901

P: 239-334-4554, W: <https://www.frls.org/>

Services/Specialties: Legal Services

Insurance/Costs: Not required. There is no cost to receive services

Population: Low-income Individuals, Families, Vulnerable Populations, Victims of Crime

Florida Rural Legal Services, Inc. (FRLS) is a nonprofit 501(c) 3 law firm that was founded in 1966 as a private, non-profit corporation. FRLS has been providing high quality free civil legal assistance to low-income individuals, families, and vulnerable populations including the elderly, Veterans, and victims of crime throughout 13 counties in Florida for over 57 years. FRLS also provides legal assistance to migrant workers throughout the state of Florida through its program-wide Migrant Farmworker Unit. Every day, our attorneys and staff work to create opportunities for the most vulnerable individuals and families to find their path out of poverty, live independently, and contribute to making our society a better place for all of us to live.

Fort Myers Rescue Mission

6900 Mission Lane, Fort Myers, FL 33916

P: 239-334-7365, W: <https://godsmissonarychurch.org/fort-myers/>

Services/Specialties: Housing, Counseling, Job Assistance, Food, Life Skills

Insurance/Costs: Not required. There is no cost to receive services

Population: Men

Since its founding, the Mission has served hundreds of thousands of meals and provided shelter for men, women, and children. Today, the Mission houses over 80 men and feeds 400-600 people each day. Counseling and Bible courses are available to all. The central heartbeat of the Mission remains: to bring the saving knowledge of Jesus Christ to all that will come to Him.

Hearts & Homes for Veterans

2230 Alicia St, Fort Myers, FL 33901

P: 239-674-1719, W: <https://www.hhveterans.com/>

Services/Specialties: Housing, Veterans, Homelessness

Insurance/Costs: Not required. There is no cost to receive services

Population: Veterans

Hearts and Homes for Veterans, Inc. is a Florida nonprofit corporation that was created on March 25, 2013. Its purpose is to support homeless veterans, and their families, who find themselves without the necessities of everyday life. Hearts and Homes for Veterans is committed to empowering these veterans to lift themselves out of poverty and then, in turn, reach back and help other veterans do the same.

Hope Clubhouse of SWFL Inc.

3602 Broadway, Fort Myers, FL 33901

P: 239-267-1777, W: <https://hopeclubhouse.org/>

Services/Specialties: Education, Employment Assistance, Housing, Wellness, Mental Health

Insurance/Costs: Free memberships for adults with a history of mental illness

Population: Adults

HOPE Clubhouse is a local community-based solution to a global problem. Our units (business, culinary and horticulture) provide opportunities for work, wellness, education, and socialization – in an evidence-based approach that has been proven, through the Clubhouse International model, to help people with their mental illness and to regain their lives. Our Clubhouse focuses on strengths and abilities and not on illness. Through friendship, shared work, education and employment, HOPE Clubhouse has given people a sense of hope to live a fulfilling life. In our physical, as well as digital connections, HOPE Clubhouse makes a real and lasting difference in people's lives by helping them achieve their social, educational and employment goals.

LARC

2570 Hanson St, Fort Myers, FL 33901

P: 239-334-6285, W: <https://larcleecounty.org/>

Services/Specialties: Training, Education, Wellness, Independent Living Assistance, Personal Care Assistance, Respite Services, Employment Assistance, Disability

Insurance/Costs: Not required. There is no cost to receive services

Population: People with a Disability and their Families

Since 1954, LARC, Inc. has dedicated itself to meeting with quality and foresight the needs of individuals with intellectual and developmental disabilities and their families living in Lee County and northern Collier County. Our mission now, as it was then, is to empower and support people with disabilities and their families to achieve their full potential. LARC, Inc. offers vocational training, community residential services, and a vast diversity of other state-of-the-art community inclusion services on a full-time, year-round basis for local people with developmental disabilities. LARC, Inc. currently provides programs and services for approximately 300 local men and women annually. Many of these individuals participate in several of LARC's various community programs.

Leashes of Love Pet Service

P: 833-466 PETS, W: <https://leashesoflove.org/>

Services/Specialties: Pet Services

Insurance/Costs: Not required. There is no cost to receive services

Population: All

At Leashes of Love, we believe that no pet parent should have to go without treatments or feel forced to choose between their own well-being and that of their beloved pet due to unforeseen circumstances. Our mission is to ensure the safety and well-being of pets while their owners receive the care they desperately need. By providing this crucial support, we aim to reduce stress for pet owners and alleviate the burden on shelters by preventing unnecessary relinquishments. Since our organization is dedicated to providing exceptional care, we provide our services at no cost to our clients.

Lee County Family Impact

2400 Thompson St, Fort Myers, FL 33901

P: 239-533-2906

Services/Specialties: Homelessness, Housing, HIV

Insurance/Costs: Not required. There is no cost to receive services

Population: All

The Lee County Family Impact team offer financial aid to households in crisis due to unforeseen circumstances, covering costs like mortgage, rent, and utilities. Homeless households may get housing placement, ongoing resource support, and a rent deposit. People with HIV+ or AIDS who meet eligibility criteria can receive help with rent, mortgage, utilities, and services if the hardship is due to their HIV+ status.

Lee County Legal Aid Society

2400 First St, Suite 214, Fort Myers, FL 33901

P: 239-334-6118, W: <https://www.leecountylegalaid.org/>

Services/Specialties: Legal Services

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Lee County Legal Aid Society is a critical resource for free legal support, delivered with compassion and expertise by qualified attorneys in our community. We have provided free legal aid for low-income residents of Lee County since the day we opened our doors on March 27, 1967. Our attorneys and certified legal representatives act as trusted counselors, community supporters and educational providers to those in need.

Lee County Veteran Assistance Services

2440 Thompson St, Fort Myers, FL 33901

P: 239-533-8381, W: <https://www.leegov.com/dhs/assistance/veteran>

Services/Specialties: Financial Assistance, Resources, Veterans

Insurance/Costs: Not required. There is no cost to receive services

Population: Veterans and their Families

Lee County Veteran Services team is committed to assist veterans, surviving spouses & dependents with benefits such as disability compensation, non-service-connected pensions with or without Aid & Attendance benefits for both veterans & surviving spouse, appeals, burial benefits, education benefits, health benefits as well as a variety of other benefits.

LeeTran Bus Services

3401 Metro Pkwy, Fort Myers, FL 33901

P: 239-533-8726, W: <https://www.leegov.com/leetran>

Services/Specialties: Transportation

Insurance/Costs: Check website for pricing

Population: All

LeeTran is a department of the Lee County government and proudly provides public transportation, ADA paratransit service, Transportation Disadvantaged services and an employer vanpool program operated by Commuter Connect and Florida Department of Transportation to the community of Lee County.

National Federation of the Blind – Free White Cane Program

P: 410-659-9314, W: <https://nfb.org/programs-services/free-white-cane-program>

Services/Specialties: Resources, Vision Services

Insurance/Costs: Not required. There is no cost to receive services

Population: People who are blind or vision impaired

The white cane allows you to travel independently and safely—no blind person should be without one. We offer you a free one. You can order a new one every six months. The National Federation of the Blind has distributed nearly 100,000 free white canes since 2008. The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely. We started our free white cane program because we believe that no blind person should be without a white cane, regardless of his or her ability to pay for it.

NeedyMeds

W: <https://www.needymeds.org/>

Services/Specialties: Medication, Financial Assistance, Resources

Insurance/Costs: Eligibility criteria available on website

Population: All

At NeedyMeds, we are a dedicated nonprofit organization committed to improving access to affordable healthcare for individuals in need. With a passionate team and a deep-rooted mission, we strive to make a meaningful difference in the lives of those facing healthcare challenges.

One Way Out Ministries

12873 S Cleveland Ave, Fort Myers 33907

P: 239-628-1774, W: <https://onewayout.org/>

Services/Specialties: Mentoring, Support Groups, Transportation, Residential Program, Financial Assistance, Life Skills, Sex Trafficking

Insurance/Costs: Not required. There is no cost to receive services

Population: Women

One Way Out is a Ministry that helps women coming out of strenuous lifestyles, such as the sex entertainment industry, addiction to drugs & alcohol, coming out of jail, and Sex Trafficking. We meet them in their situation (without judgment or bias) and help them to live again. Our goal is to

see women become whole and free while living better than they could ever imagine. We take One Way Out to where they are – the clubs, brothels, and the streets –bringing gifts, developing relationships, and meeting their practical needs.

Oxford House

Several locations across SWFL: https://www.oxfordhouse.org/pdf/fl_directory_listing.pdf

P: 239-986-4796, W: <https://www.oxfordhousefl.org/>

Services/Specialties: Recovery Housing, Sober Living, Life Skills, Addiction, Substance Use, Peer Support

Insurance/Costs: Self-pay

Population: Adults

Oxford Houses are rented family houses where groups of recovering individuals live together in an environment supportive to recovery from addiction. Each house is self-run and financially self-supported following a standardized system of democratic operation. We work with those leaving rehab, healthcare professionals, legal professionals, veterans, and parents of addicts.

Partners in Care

17387 Ithaca Dr, Fort Myers, FL 33967

P: 239-601-2531, W: <https://yourpartnersincare.org/>

Services/Specialties: Cancer, Financial Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Cancer patients

Partners in Care offers financial assistance to cancer patients for incidental expenses related to their cancer treatments. The foundation offers partial or full payment of various expenses, such as - gas, car service, or public transport to/from treatment, respite care in home or medical centers, medical supplies or equipment not covered by insurance, child care during treatment, lodging during treatment, food or groceries during treatment, cancer screenings.

Project 10: Transition Education Network

140 7th Ave S, SVB 108, St. Petersburg, FL 33701

P: 727-873-4370, W: <http://project10.info/About.php>

Services/Specialties: Transition Services, Disability, Education, Training, Employment Assistance, Independent Living Assistance, Resources

Insurance/Costs: Not required. There is no cost to receive services

Population: People with a Disability

Project 10: Transition Education Network is Florida’s statewide discretionary project supporting the secondary transition of youth with disabilities to improve their academic success and post-school outcomes. It is funded by the Bureau of Exceptional Education and Student Services (BEESS), within the Florida Department of Education (FDOE). Project 10’s primary charge is to assist school districts in providing appropriate planning and timely transition services and programs to assist youth with disabilities in their transition to adulthood.

Project Access – The School District of Lee County

2855 Colonial Blvd, Fort Myers, FL 33916

P: 239-337-8333 (Dept. of Social Work Services)

W:https://www.leeschools.net/our_district/departments/academic_services/psychological_and_social_work_services/homeless_students_education_program

Services/Specialties: Social Services, Homelessness, Transportation, Resources, Family Support, Advocacy

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Adolescents

The Project ACCESS Program works to Assist, Clarify, Coordinate, Educate, and provide Support Services for all homeless children and youth referred in the School District of Lee County. The district homeless education liaison coordinates efforts with the Project ACCESS social worker, and Title I school social worker to provide activities for, and services to, homeless children, including preschool-age and unaccompanied youth that enable, them to enroll in, attend, and succeed in school.

Recovery Life Homes

P: 954-804-6108, W: <https://recoverylifehomes.com/>

Services/Specialties: Recovery Housing, Addiction, Substance Use

Insurance/Costs: Call for pricing details

Population: Adults

Recovery Life Homes strives to provide a safe and helpful environment and support each and every resident in his or her recovery from addiction. It is our vision is to empower residents to recover from addiction and continue living a safe and healthy life. We envision all persons in recovery from addiction having access to all the care, support, and tools they need to live happier, healthier lives.

Rx Connects Program – Florida Health

4052 Bald Cypress Way Tallahassee, FL 32399

P: 850-841-8530, W: <https://www.floridahealth.gov/licensing-and-regulation/florida-rx-repository-program/>

Services/Specialties: Medication, Financial Assistance, Resources

Insurance/Costs: Not required. There is no cost to receive services. Eligibility criteria available on Website

Population: Adults

Residents of Florida who meet eligibility guidelines can receive donated prescription medication at no cost.

Salvation Army

10291 McGregor Blvd, Fort Myers, FL 33919

P: 239-278-1551, W: <https://fortmyers.salvationarmyflorida.org/>

Services/Specialties: Social Services, Food, Housing, Clothing, Education, Training, Financial Assistance, Substance Use, Disaster Services, Human Trafficking

Insurance/Costs: Not required. There is no cost to receive services

Population: All

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Salvation Army provides a wide range of traditional social services and emergency assistance programs. The Salvation Army provides a wide range of traditional social services and emergency assistance programs.

Serenity Recovery Living

2710 Del Prado Blvd S, Suite 2, Cape Coral, FL 33904

P: 866-577-5166, W: <https://www.serenityrecoveryliving.com/>

Services/Specialties: Recovery Housing, Substance Use, Addiction

Insurance/Costs: Call for pricing details

Population: Adults

Serenity Recovery Living was established for the purpose of providing a temporary safe and healthy environment and affordable living arrangement for recovering addicts and alcoholics emerging out of treatment centers and/or institutions to help its members make the transition into productive member of society. It does this by affording its members structure, responsibility, and accountability for their daily tasks of normal everyday living, and by providing rules and regulations and governing group living in an atmosphere of recovery and promoting abstinence-based long-term recovery and participation in twelve step programs guided by spiritual principles.

Surrender House

263 SW 3rd Terr, Cape Coral, FL 33991

P: 239-333-8079, W: <https://thesurrenderhouse.org/>

Services/Specialties: Recovery Housing, Sober Living, Therapy, Outpatient, Drug Screening

Insurance/Costs: Fees available on website

Population: Adults

FARR Accredited Recovery Residence in Cape Coral and Fort Myers assisting recovering addicts with a safe and structured sober living environment. Most trusted halfway house in SWFL.

The Living Well Mission

8359 Beacon Blvd, Suite 514, Fort Myers, 33907

P: 239-308-5626, W: <https://livingwellmission.org>

Services/Specialties: Financial Assistance, Therapy, Mental Health

Insurance/Costs: Not required. There is no cost to receive services

Population: All

At The Living Well Mission, we foster mental health by overcoming obstacles to essential support services, providing financial assistance for counseling amid economic constraints, and expanding global outreach of mental health counselors. We are dedicated to ensuring universal access to vital mental health resources, contributing to a world where compassionate care is universally accessible.

The Shelter for Abused Women and Children in Naples

PO Box 10102, Naples, FL 34101

P: 239-775-1101, W: <https://naplesshelter.org/>

Services/Specialties: Domestic Violence, Human Trafficking, Housing, Helpline, Support Programs, Legal Services, Education, Training, Community Programs, Therapy, Transition Services

Insurance/Costs: Not required. There is no cost to receive services

Population: Women

The Shelter operates a 24-hour Crisis Helpline, two 60-bed emergency shelters (Naples and Immokalee, FL) and nine Transitional Living cottages in Collier County, FL. All in-house and outreach programs and services, training and education are provided free of charge. Our mission is to lead and collaborate with the community to prevent, protect, and prevail over domestic violence and human trafficking.

Wings of Shelter

21301 S Tamiami Tr, Suite 320, Estero, FL 33928
P: 239-340-2980

Services/Specialties: Sex Trafficking, Education, Housing, Therapy, Healthcare, Employment Assistance

Insurance/Costs: Not required. There is no cost to receive services

Population: Female Minors

Wings of Shelter Int'l, Inc. is dedicated to the intervention and prevention of child sex trafficking across our city, country, and globe. We offer restoration, rehabilitation, and safe harbor housing to minor female survivors of trafficking while fighting against the factors that encourage trafficking to thrive. We hope through education and community awareness to prevent victimization from occurring before it is too late.

Zenni Optical

P: 800-211-2105, W: <https://www.zennioptical.com/>

Services/Specialties: Vision Services

Insurance/Costs: Fee for purchase

Population: All

High-quality, affordable eyeglasses in a huge range of frame styles for everyone with prices starting at just \$6.95 for single-vision prescription glasses.

Therapeutic Services

ACT Abuse Counseling & Treatment Inc.

PO Box 60401, Fort Myers, FL 33906

P: 239-939-3112 (24-Hour Helpline), 239-393-3112 (Emergency Shelter), 239-939-2553 (Administration) W: <https://actabuse.com>

Services/Specialties: Helpline, Sexual Abuse, Domestic Violence, Human Trafficking, Residential Programs, Shelter, Therapy, Outpatient

Insurance/Costs: Not required. There is no cost to receive services

Population: All

Abuse Counseling and Treatment, Inc. (ACT) is a private, not-for-profit agency committed to serving victims of domestic violence, sexual assault, and human trafficking.

Addiction Reach Home

P: 561-427-1900, W: <https://www.addictionreach.com/>

Services/Specialties: Addiction, Detox, In-Home Care

Insurance/Costs: Not identifiable

Population: All

In home, concierge like home, intensive transitional aftercare and long-term relapse prevention aftercare for drug addiction, alcohol addiction, eating disorders, sex addiction, gambling addiction, internet/ gaming addiction, concurrent diagnosis.

Advanced Psychiatric Care

6700 Winkler Rd, Suite 4, Fort Myers, FL 33919

P: 239-935-5599, W: <https://www.advancedpsychcare.com/>

Services/Specialties: Psychiatry, Behavioral Health, Substance Use

Insurance/Costs: Self-pay

Population: Adults, Families

A Behavioral Health Center of Excellence located in Fort Myers, FL. Advanced Psychiatric Care (APC) is a physician lead clinical, multi disciplined, behavioral health outpatient practice. APC is prepared to meet behavioral health, cognitive and addiction disorder needs direct to patients, patient families, state/federal agencies, and area facilities.

After the Rain of Southwest Florida Inc.

PO Box 9307, Fort Myers, FL 33902

P: 239-333-8947, W: www.aftertherainofswfl.org

Services/Specialties: Recovery Housing, Life Skills, Peer Support, Homelessness, Substance Use, Domestic Violence, Court Order, Employment Support

Insurance/Costs: Self-pay

Population: Women

After the Rain of Southwest Florida, Inc. is one of the few half-way houses in Fort Myers to assist women in recovery from addictions, homelessness, and domestic violence. The Program is designed to provide women with an intimate, supportive, loving home-like environment while maintaining structure and discipline as they journey through recovery becoming self-sufficient and independent.

Agape Home

3 Avenue J, Moore Haven, FL 33471

P: 863-946-2228, W: <https://agapehome.wixsite.com/website>

Services/Specialties: Recovery Housing, Clothing, Employment Support, Life Skills, Substance Use, Addiction

Insurance/Costs: Self-pay, sliding scale. Thrift stores support women during their stay, so that no one is turned away due to lack of finances.

Population: Women

Agape Home is a faith-based residential center for women in Moore Haven, Florida. Their yearlong program helps you build a relationship with Christ to overcome life challenges, addiction, and mental health issues. They believe healing and restoration are found through Jesus Christ. They provide a safe, loving environment to heal spiritually and emotionally. You'll benefit from bible studies and praise and worship services to learn God's principles and apply them to your life. You'll foster essential recovery skills, like accountability, communication, and work ethic, through your onsite responsibilities.

Alcoholics Anonymous

12734 Kenwood Ln, Suite 72, Fort Myers, FL 33907

1509-2 Pine Ridge Road, Naples, FL 34109

13325 Tamiami Trail, Unit A, North Port, FL 34287

P: 24-Hour Helpline: 239-275-5111 (Fort Myers), 239-262-6535 (Naples), 941-426-7723 (North Port)

W: <https://leecountyaa.org/>, <https://aanaples.org/>, <https://aanorthport.org/>

Services/Specialties: Addiction, Substance Use, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults

If you or a loved one has a problem with drinking, you've come to the right place. Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other so that they may solve their common problem and help others recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions.

Aware Recovery Care

P: 561-418-3262, W: <https://www.awarerecoverycare.com/>

Services/Specialties: Addiction, In-Home Care

Insurance/Costs: Accepts most major insurance plans. Private pay and financial assistance available.

Population: Adults

In-home addiction treatment services for alcohol, opioids and other substance use disorders.

Beyond Barriers

3949 Evans Ave, Unit 105, Fort Myers, FL 33901

P: 239-839-3907, W: <http://www.beyondbarriersinc.com/>

Services/Specialties: Therapy, Anger Management, Mental Health, Substance Use

Insurance/Costs: Accepts several major insurance plans

Population: Adults

Beyond Barriers, Inc. has been working in your local communities for over 20 years. We understand the challenges that clients may face, and we work with them to overcome their obstacles. We are certified through the Nurturing Parenting Program, National Anger Management Association, and Florida Certification Board. Our therapists are licensed through the State of Florida

Brave Health

1951 NW 7th Ave, Floor 3, Miami, FL 33136

P: 305-902-6347, W: <https://bebravehealth.com/>

Services/Specialties: Telehealth, Therapy, Psychiatry, Medication Management

Insurance/Costs: Accepts most major insurance plans, including Medicare and Medicaid

Population: All

Brave Health provides telehealth-enabled mental health care solutions for health plans including individual therapy, psychiatry and medication management, marriage and family counseling, clinician-led group therapy and specialized therapeutic programs.

Calusa Recovery

15611 New Hampshire Ct, Suite A, Fort Myers, FL 33908

P: 866-939-6292, W: <https://calusarecovery.com/>

Services/Specialties: IOP, Outpatient, Detox, Inpatient, PHP, Family Therapy, Recovery Housing

Insurance/Costs: Accepts most major insurance plans, no Medicare or Medicaid

Population: Adults, Families

Calusa is an intensive outpatient program that streamlines the process of achieving long term mental wellness for our clients. This program aims to address the underlying causes of distress, teach new coping skills, promote the balance and healing of the mind, body, and spirit, and empower individuals with passion and purpose.

Catholic Charities - Behavioral Health Center

2210 Santa Barbara Blvd, Naples, FL 34116

P: 888-249-9262, W: <https://catholiccharitiesdov.org/behavioral-health-center>

Services/Specialties: Therapy, Telehealth, Outpatient

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Children

Catholic Charities understands the importance of mental health and believe that everyone deserves access to professional support, regardless of their financial circumstances. Our program offers a safe and confidential space, both in person and via telehealth, for individuals to explore their thoughts, emotions, and concerns, while receiving guidance from a compassionate and highly trained therapist. With a focus on empathy, understanding, and evidence-based techniques, our counseling program aims to promote healing, growth, and empowerment.

Celadon Recovery

3331 E Riverside Dr, Fort Myers, FL 33916

P: 239-266-2141, W: <https://www.celadonrecovery.com/>

Services/Specialties: Addiction, Substance Use, Mental Health, Detox, Inpatient, IOP, PHP, Outpatient, Sober Living, Rehab, MAT, Therapy, Telehealth

Insurance/Costs: Accepts most major insurance plans, including Medicaid

Population: Adults

Celadon Recovery is a premier Florida treatment facility located on the beautiful waterfront landscape on the Caloosahatchee River. Celadon's therapeutic environment offers clients an unmatched experience for rest, relaxation, and sustainable recovery. In addition, we're close to award-winning beaches, activities, event centers, and top-notch resources that encourage positive socialization and optimal well-being.

Celebrate Recovery

Several locations across Lee County: <https://locator.crgroups.info/>
W: <https://www.celebraterecovery.com/>

Services/Specialties: Addiction, Substance Use, Peer Support, Community Programs

Insurance/Costs: Accepts most major insurances

Population: Adults

Celebrate recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, hang-ups, and habits of any kind. Celebrate recovery is a safe place to find community and freedom from the issues that are controlling our life.

Centerstone

4350 Fowler St, Suite 15, Fort Myers, FL 33901
P: 239-208-6390, 941-720-5014 (Crisis Services), W: <https://centerstone.org/>

Services/Specialties: Therapy, Peer Support, Case Management, IOP, MAT, Detox, Rehab, Crisis Services, Recovery Housing, Psychiatry, Inpatient, Foster Care, Family Therapy

Insurance/Costs: Accepts most major insurance plans

Population: Adults, Children, Veterans

Centerstone is a nonprofit health system specializing in mental health and substance use disorder treatments for people of all ages. Services are available through the operation of outpatient clinics, residential programs, school-based services, telehealth, and an inpatient hospital. Centerstone also offers specialized programs available nationwide for the military community, as well as services for children, including therapeutic foster care.

Charlotte Behavioral Health Care

1700 Education Ave, Punta Gorda, FL 33950
P: 941-639-8300, W: <https://www.cbhcfll.org/>

Services/Specialties: Anger Management, Case Management, Community-based Care, Crisis Services, Detox, Court Order, Psychiatry, MAT, Peer Support, Telehealth, Trauma, Therapy, Outpatient, Group Therapy, Social Services

Insurance/Costs: Accepts most major insurance plans including Medicare and Medicaid. Call for information.

Population: Children, Adolescents, Adults

Our mission is to partner with our patients to instill hope, inspire growth, and embrace life. Whether you are experiencing a behavioral health issue, addiction, or other disorder, we compassionately create treatment plans through a collaborative effort between you and our devoted and experienced staff. Our goal is optimal behavioral health and improved quality of life for all children, adolescents, adults, and families.

Chrysalis Health

P: 888-587-0335, W: <https://www.chrysalishealth.com/>

Services/Specialties: Therapy, Psychiatry, Case Management, Outpatient, Telehealth, IOP, Rehab

Insurance/Costs: Accepts most major insurance plans, including Medicare and Medicaid

Population: All

Chrysalis Health is proud to be one of the leading providers of behavioral healthcare services for children, adolescents, adults, and families throughout Florida. Over the years, our diverse group of nearly 1,000 talented, dedicated team members – including Assessors, Therapists, Targeted Case Managers, Counselors, Psychologists, Psychiatrists, ARNP's, Administrators, Support Staff, and Executive Management – has helped tens of thousands of people realize their full potential through outstanding mental health and substance abuse programs.

Chrysalis Wellness Center

11932 Fairway Lakes Dr, Fort Myers, FL 33913

P: 239-237-2801, W: <https://chrysaliswellnesscenter.org/>

Services/Specialties: Therapy, Peer Support, Trauma, Sexual Abuse, Domestic Violence, Telehealth, Autism, Outpatient

Insurance/Costs: Accepts most major insurance plans

Population: All

Chrysalis Wellness Center proposes to serve the Southwest Florida community by providing high-quality mental health services that address the whole person through high-quality treatment on a behavioral, social, and spiritual level. We are committed to provide trauma informed care for victims of crimes, such as sexual assault and domestic abuse.

Counseling of Southwest Florida

12811 Kenwood Ln, Suite 203, Fort Myers, FL 33907

P: 239-350-4952, W: <https://www.counselingswfl.com/>

Services/Specialties: Therapy, Court Order

Insurance/Costs: Call for details

Population: All

Counseling of Southwest Florida is a private group counseling center with locations in both Naples and Fort Myers, Florida. Our licensed professionals specialize in providing counseling to individuals and groups of all ages that are dealing with a wide range of issues. We concentrate on mental health and wellness therapies as well as substance abuse solutions.

David Lawrence Centers for Behavioral Health

6075 Bathey Ln, Naples, FL 34116

P: 239-455-8500, W: <https://davidlawrencecenters.org/>

Services/Specialties: Inpatient, Outpatient, Therapy, Peer Support, Case Management, Housing, Detox, Crisis Services, Community-based Care

Insurance/Costs: Accepts many major insurance plans. Also offers sliding scale.

Population: All

Based in Southwest Florida, David Lawrence Centers for Behavioral Health (DLC) is a not-for-profit, leading provider of compassionate, advanced, and exceptional mental health, substance use, and integrated healthcare solutions, available for children, adolescents, and adults. DLC's innovative treatment includes inpatient, outpatient, residential, and community-based services.

Elite DNA Behavioral Health

4310 Metro Pkwy, Suite 205, Fort Myers, FL 33916 (additional locations in Fort Myers, Cape Coral, Estero, Lehigh Acres)

P: 833-362-7935, W: <https://elitedna.com/>

Services/Specialties: Therapy, Outpatient, Telehealth, Psychiatry, Group Therapy, Family Therapy, Case Management

Insurance/Costs: Accepts most major insurance plans, including Medicaid and Medicare

Population: All

At Elite DNA Behavioral Health, we are committed to helping you live a fulfilling life, grow in a stronger and healthier environment and be more productive and successful in your efforts to reach your goals. We work with you to design a treatment plan for you that helps you get to where you want to be.

Ellie Mental Health

22904 Lyden Drive, Suite 4, Estero, FL 33928

P: 239-494-3951, W: <https://elliementalhealth.com/locations/estero-fl/>

Services/Specialties: Therapy, Mental Health

Insurance/Costs: Currently accepts: Aetna, Cigna/Evernorth, BCBS, Medicare, Optum, Self-Pay

Population: All

Ellie Mental Health in Estero, Florida isn't your average therapy clinic. We've created a comfy, judgment-free zone where you can be authentic, get real about where you're at in your mental health, and receive the compassionate care you deserve. We strive to break down treatment barriers and provide you with customized counseling services that meet your therapy needs.

e-Psychiatry

W: <https://www.e-psychiatry.com/>

Services/Specialties: Psychiatry, Telehealth

Insurance/Costs: Accepts most major insurance plans, including Medicare

Population: All

Since 2007, e-Psychiatry has been a national leader in the field of telepsychiatry and teletherapy. Today, e-Psychiatry's name is synonymous with the telepsych industry. e-Psychiatry specializes in providing behavioral healthcare services to US health plans, hospitals, clinics, provider practices, correctional institutions, and consumers in all 50 states that need timely access to the limited supply of telepsych specialists.

FGCU Community Counseling Center

10501 FGCU Boulevard S, Fort Myers, FL 33965

P: 239-745-4777, W: <https://www.fgcu.edu/mariebcollege/counseling/communitycounseling/>

Services/Specialties: Therapy, Outpatient

Insurance/Costs: \$5-\$25 sliding scale fee based on income/employment status. Insurance not accepted.

Population: All

FGCU's Community Counseling Center provides counseling and consulting services to Southwest Florida residents. The center's purpose is to offer greater access to mental and behavioral health services for individuals of all ages, couples and families while providing graduate counseling student interns with experience under the supervision of licensed counseling faculty.

Florida Autism Center

4085 Hancock Bridge Pkwy, Unit 101, N Fort Myers, FL 33903

5220 Lee Blvd, Lehigh Acres, FL 33971

P: 239-677-3767 (NFM), 239-932-2220 (LA), W: <https://www.bluesprigautism.com/florida-autism-center/>

Services/Specialties: Therapy, Outpatient, Telehealth, Home-based Care, Community-based Care, Autism, Early Intervention

Insurance/Costs: Accepts many insurance plans including Medicare, Medicaid.

Population: Children with Autism and their Families

We are dedicated to providing compassionate and comprehensive autism services tailored to each individual. With a focus on evidence-based therapies and a commitment to empowering families, we strive to create a supportive environment where every child can thrive and reach their full potential. Join us in our mission to change the world for children with autism.

Florida Treatment for Change

2180 Maravilla Lane, Fort Myers, FL 33901

P: 239-202-8993, W: www.floridatreatmentforchange.com

Services/Specialties: Court Order, Drug Screening, Therapy, Group Therapy, IOP, Outpatient, Mental Health, Behavioral Health

Insurance/Costs: BCBS, Aetna, Cigna.

Population: Adults

Florida Treatment for Change provides licensed Mental Health Clinicians and Certified Behavioral Health Technicians on staff. We pride ourselves on individualized care for our clients by offering a holistic approach; that is recovery focused, coupled with compassion and care for each and every client. Intensive Outpatient treatment and Outpatient treatment are also offered on-site for both substance abuse and mental health. Florida Treatment for Change provides on-site drug and alcohol screening; including court ordered laboratory screening.

Food Addicts in Recovery Anonymous

5011 McGregor Blvd, Fort Myers, FL 33901

P: 239-333-6545, W: <https://www.foodaddicts.org/meeting/1774>

Services/Specialties: Addiction, Support Programs, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Adolescents

Food Addicts in Recovery Anonymous (FA), a program based on the Twelve Steps of Alcoholics Anonymous (AA), is a fellowship of individuals who, through shared experience and mutual support, are recovering from the disease of food addiction.

Gamblers Anonymous

Riverside Church, 8660 Daniels Parkway, Fort Myers, FL 33912

P: 855-2CALLGA (222-5542) W: <https://www.gamblersanonymous.org/ga/node/441>

Services/Specialties: Addiction, Support Programs, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Adolescents

GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from a gambling problem. The only requirement for membership is a desire to stop gambling. There are no dues or fees for Gamblers Anonymous membership; we are self-supporting through our own contributions. Our primary purpose is to stop gambling and to help other compulsive gamblers do the same.

Grace Church - Choose Recovery

Central Campus, 2415 Grand Ave, Fort Myers, FL 33901
Cape Coral Campus, 13 SE 21st Pl, Cape Coral, FL 33990
P: 239-574-7161, W: <https://www.egracechurch.com/recovery/>

Services/Specialties: Therapy, Peer Support, Addiction, Substance Use, Anonymous Recovery Groups

Insurance/Costs: Not required. There is no cost to receive services

Population: All

We are a group of people who freely admit that we struggle with hurts, habits, and hang-ups, who gather together to choose recovery through a growing trust in Jesus who guides us to freedom by following a simple recovery path. No matter where you have been or what you have done, you are welcome here. Together we can find new purpose and joy as we choose recovery.

Hazelden Betty Ford Foundation

950 6th Ave, N Naples, FL 34102
P: 866-287-6984, W: <https://www.hazeldenbettyford.org/>

Services/Specialties: Telehealth, Therapy, Psychiatry, Medication Management, Outpatient

Insurance/Costs: Accepts most major insurance plans

Population: Adolescents, Adults, Seniors

Addiction treatment specialists at Hazelden Betty Ford's drug and alcohol rehab facility in Naples, FL work together to design your treatment plan in a holistic and individualized way, from diagnosis to therapy and care to recovery support.

HEADS Counseling

3049 Cleveland Ave, Suite 290, Fort Myers, FL 33901
P: 813-754-5555, W: <https://www.headsusa.com/>

Services/Specialties: Therapy, Foster Care

Insurance/Costs: Medicaid, school-based program

Population: Children, Families

HEADS was founded in February 2012 with the belief that all children and families at risk in the state of Florida deserve an opportunity to make the most out of their lives. Whether traumatized by abuse, or victims of their own choices, HEADS helps by providing clinical support services that impact every area of the clients' lives. We work with children and families daily in schools and at homes to achieve goals that support life mastery and promote emotional and social well-being.

IMPOWER

2290 N Ronald Reagan Blvd, Suite 116, Longwood, FL 32750

P: 407-261-0523, W: www.impowerfl.org

Services/Specialties: Therapy, Outpatient, Telehealth, Youth Inpatient, PHP, Psychiatry, Medication Management, ALPHA, Juvenile Justice, Transition Services

Insurance/Costs: Uninsured and Medicaid

Population: Children, Adolescents, Adults

IMPOWER is a leading non-profit mental health, substance misuse and child well-being organization dedicated to empowering the lives of those in need by offering personal attention, counseling, assistance and inspiration to help them reach their full potential and achieve individual success. No matter what barriers an individual may have encountered, IMPOWER provides the tools necessary to achieve goals and overcome obstacles.

Integrity Homes

Several locations across Lee County

P: 774-316-6940, W: <https://www.integritychurchswfl.com/homes>

Services/Specialties: Housing, Community Programs, Recovery, Support Groups, Addiction, Transition Services, Life Skills

Insurance/Costs: Self-pay

Population: Adults

A safe, faith based living environment to those in need. Providing housing, mentoring and family. Transitional, low-income housing for Men and Women.

Katz Counseling and Educational Psychology

12641 World Plaza Lane, Bldg 56, Fort Myers, 33907

P: 239-247-1756, W: <https://katzpsychology.com/>

Services/Specialties: Therapy, Psychiatry, Assessment

Insurance/Costs: Accepts most major insurance plans

Population: All

Katz Counseling and Educational Psychology is a comprehensive behavioral healthcare practice that performs an array of therapy and assessment services to residents of Fort Myers, Cape Coral, Lehigh Acres, Bonita Springs, Naples and other southwest Florida communities. Our providers are doctoral-level psychologists and school psychologists trained to use best practice in psychological services. We are dedicated to providing thorough diagnostic evaluations and implementing evidence-based and research-supported treatment interventions.

Lee Health – Behavioral Health

12550 New Brittany Blvd, Suite 100, Fort Myers, FL 33907

P: 239-343-9180, W: <https://www.leehealth.org/our-services/behavioral-health>

Services/Specialties: MAT, Therapy, Group Therapy, Case Management

Insurance/Costs: Accepts most major insurance plans

Population: All

People who need behavioral health services represent every group you can imagine — family and friends, colleagues and co-workers, neighbors, and children. Leading with compassion, our mental health experts help you identify the cause of anxiety, depression, or mood disorders while providing open-minded treatment that controls symptoms and improves your quality of life. Our experienced staff includes psychiatrists, licensed clinical social workers, advanced registered nurse practitioners, registered nurses, and other clinical support resources. We work closely with patients and family members to develop a therapy program that supports a return to a full, productive life as quickly as possible.

LifeCare Christian Center

33300 Warren Rd, Suite 13, Westland, MI 48185 (Virtual SWFL Office)

P: 734-629-3551, W: www.lifecarechristiancenter.org

Services/Specialties: Therapy, Support Groups, Peer Support, Education

Insurance/Costs: Self-Pay

Population: All

LifeCare's vision / mission is to continue to provide opportunities as a care center that offers help, hope and healing in relationships and individually in body, soul and spirit through various resources including counseling, coaching, spiritual direction, classes, transformation groups, seminars, healing weekends and other professional interventions in multiple locations as well as training others to do so worldwide.

LPG Addiction Medicine

12550 New Brittany Blvd, Suite 200, Fort Myers, FL 33907

P: 239-343-9190, W: <https://www.leehealth.org/our-services/addiction-medicine>

Services/Specialties: Therapy, Medication Management, Peer Support, Addiction Medicine

Insurance/Costs: Accepts most major insurance plans. Call for details.

Population: All

Addiction is a psychological and physical inability to stop consuming a chemical, drug, activity, or substance even though it is causing psychological and physical harm. It is an equal opportunity affliction that affects people without regard to economic circumstance, education, race, geography, IQ, or any other factors. But there are effective treatments, and Lee Health's qualified, compassionate team will help you find ways to manage addiction. This includes medication, therapy and constant access to support and encouragement. Team members may include health care professionals of every kind including physicians, counselors, psychologists, social workers, nurses, physician assistants, and staff members who are uniquely trained to deal with addiction.

Lutheran Services of Florida (LSF)

3615 Central Ave, Suite 4, Fort Myers, FL 33901

P: 239-278-1140, W: <https://www.lsfnet.org/>

Services/Specialties: Residential Program, Therapy, Case Management, Human Trafficking, Sexual Abuse, Behavioral Health, Mental Health, Immigration Services, Early Intervention, Childcare, Pre-K, Training, Resources, Education

Insurance/Costs: Not required. There is no cost to receive services

Population: Children, Adults, Families

LSF (Lutheran Services Florida) is a statewide nonprofit dedicated to helping the most vulnerable Floridians. We do this by reducing the suicide and drug addiction rate, giving families in crisis the support they need to persevere, and making sure those in poverty get the education they need to close the achievement gap. We have three lines of service, Head Start, Family Focus and Health Systems.

Mastery Solutions

P: 863-254-7146, W: <https://www.masterysolutionsusa.com/>

Services/Specialties: Therapy, Support Programs, Anger Management, Domestic Violence, Trauma Informed Parenting

Insurance/Costs: Sliding Scale

Population: Adults

Behavior Modification to strengthen communities one individual at a time. With locations in Lee, Hendry and Glades County, Mastery Solutions Education for Behavior Modification delivers structured, evidence-based programs teaching clients to refocus and regain control over their internal processes despite outwardly adverse circumstances.

Medication Assisted Recovery Anonymous (MARA)

No meetings local to Fort Myers (Telehealth available)

W: <https://www.mara-international.org/onlinemeetings>

Services/Specialties: Addiction, Support Programs, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Adolescents

Medication-Assisted Recovery Anonymous is a support group of people who believe in the value of medication as a means to recovery. We understand that our individual needs may not be the same; our backgrounds may not be the same; our futures may not be the same. However, our desire to live a safe lifestyle joins us together. Non-judgement is our code.

Narcotics Anonymous

Several locations across Lee County: <https://nagulfcoastfla.org/?current-meeting-list=1>

P: 866-389-1344 (24-Hour Helpline), W: <https://nagulfcoastfla.org/>

Services/Specialties: Addiction, Support Programs, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Adolescents

NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

New Life Dream Centers

6111 South Pointe Blvd, Fort Myers, FL 33919

P: 239-274-8881, W: <https://newlifeproject.net/>

Services/Specialties: Substance Use, Recovery Housing, Food, Clothing, Therapy, Employment Assistance, Transition Services

Insurance/Costs: Call for pricing details

Population: Adults

NLDC Bible College is a restoration care center for those seeking freedom. NLDC is a restoration care center for those seeking freedom and help – virtually anyone in need.

New Season Treatment Center

2770 Davis Blvd, Suite 90, Naples, FL 34104

1415 Homestead Rd, Lehigh Acres, FL 33936

P: 877-284-7074, W: <https://www.newseason.com/treatment-center-locations/florida/naples-metro-treatment-center/>

Services/Specialties: MAT, Therapy, Addiction, Substance Use

Insurance/Costs: Medicare, Medicaid, and private insurance. Call for details.

Population: Adolescents, Adults, Seniors

New Season Treatment Center provides outpatient opioid addiction treatment and recovery, servicing Fort Myers, Lehigh Acres, Cape Coral, and Lee County. New Season Treatment Center in Lee County offers individuals unlimited support and a safe place to go. Our affordable outpatient program includes medication-assisted treatment, counseling, and many more services all included in the plan. We are dedicated to helping each person recover from opiate addiction with dignity and confidentiality. With a team of dedicated treatment professionals led by an on-site physician, each person benefits from a custom and comprehensive plan to meet their needs.

Nextep

Several locations across SWFL

P: 844-639-8371, W: <https://thenextep.org/>

Services/Specialties: Recovery Housing, Sober Living, Life Skills, Addiction, Substance Use, Inpatient, IOP, PHP, MAT, Therapy

Insurance/Costs: Accepts most major insurance plans

Population: Adults

We are an outpatient substance abuse provider and recovery residence whose primary goal is to teach, model and provide an environment to promote recovery from addiction. Nextep is a certified recovery residence in Southwest FL. Our licensed and certified addiction therapists have a combined 120 years of clinical experience and a shared passion for helping you achieve and maintain your recovery.

NOCD

225 Michigan Ave, Suite 1430, Chicago, IL 60601

P: 312-766-6780, W: <https://www.treatmyocd.com/>

Services/Specialties: OCD, Therapy, Telehealth

Insurance/Costs: Accepts most major insurance plans. Call for details.

Population: All

NOCD Therapy includes video-based OCD therapy and in-between session support, right in the NOCD platform. It offers exposure and response prevention, or ERP, the most effective OCD treatment.

Omega Centre

1508 SE 17th Ave, Suite 1, Cape Coral, FL 33990
12811 Kenwood Lane, Suite 216, Fort Myers, FL 33907
P: 239-600-7241, W: <https://omegacentreinc.com/>

Services/Specialties: Therapy, Outpatient, Court Order, Telehealth, Mental Health, Substance Use, Drug Screening, EAP

Insurance/Costs: Self-pay

Population: Adults, Families

We offer affordable, fast, and effective outpatient counseling and treatment. We are proud to be an approved provider for Lee County Probation/ Pre-Trial Services and the SWFL Safety Council. We provide a neutral and safe environment to individuals seeking positive change in their lives. We have office locations in Ft. Myers and Cape Coral. Now offering tele-counseling and online services!

Operation PAR, Inc.

6655 66th Street, N Pinellas Park, FL 33781
P: 727-545-7564, W: <https://www.operationpar.org/>

Services/Specialties: Inpatient, Outpatient, Therapy, MAT, Detox, Support Programs

Insurance/Costs: Call for details

Population: Adults

Since 1970, we've been at the forefront of providing top-notch mental health services and substance use disorder treatment, helping those struggling with addiction. Whether you're a child, an adult, or part of a family affected by these issues, we're here to support you every step of the way.

Overeating Anonymous

Check website for locations: <https://southwestfloa.org/meetings.html>
P: 781-799-9957, W: <https://southwestfloa.org/about-us.html>

Services/Specialties: Addiction, Support Programs, Peer Support

Insurance/Costs: Not required. There is no cost to receive services

Population: Adults, Adolescents

Overeaters Anonymous (OA) is a community of people who support each other to recover from compulsive eating and food behaviors. We welcome everyone who feels they have a problem with food.

Park Royal Hospital

9241 Park Royal Dr, Fort Myers, FL 33908

P: 239-984-9859, W: <https://www.parkroyalhospital.com/>

Services/Specialties: Inpatient, IOP, PHP, ECT, Detox, Addiction, Substance Use, Psychiatry, Mental Health, Alzheimer's, Dementia

Insurance/Costs: Accepts most major insurance plans including Medicare. Call for confirmation

Population: Adolescents, Adults, Seniors

Park Royal Hospital is a private free-standing 114-bed psychiatric hospital that provides life-changing care for adults 18 years and older and senior adults. Inpatient and outpatient treatment are provided for depression, anxiety, mood disorders, memory problems, post-traumatic stress disorder, and other mental illnesses as well as co-occurring substance abuse disorders.

PBS Therapy

P: 855-832-6727, W: <https://www.teampbs.com/>

Services/Specialties: Autism, Case Management, Therapy, ABA Therapy

Insurance/Costs: Call for details

Population: People with Autism and their Families

After an autism diagnosis, Positive Behavior Supports Corporation is here to help walk your family through the next steps. We provide individualized ABA Therapy for those with autism and related disabilities, children, and adults, to assist with decreasing challenging behaviors and increasing appropriate behaviors and skill deficits that will allow the individual to reach their full potential.

Peace by Piece

6714 Winkler Rd, Fort Myers, FL 33919

P: 239-245-8301, W: <https://pxpfl.com/#>

Services/Specialties: Therapy, Education, Support Groups, Autism, ABA Therapy

Insurance/Costs: Call for pricing information

Population: Children with Autism and related disorders

Peace by Piece is a trusted health consultancy based in Fort Myers, FL since 2007. We provide a diverse range of services such as small group therapy sessions, social skills groups, and high-quality verbal behavior-based ABA services to children with autism and related disorders. Our school is non-governmental and nonprofit, and we prioritize creating effective programs that cater

to the unique and individual needs of every child. Our commitment to excellence has made us the go-to choose for consumers in the Fort Myers area, and we're excited to continue providing a premier experience to our clients.

Positive Behavior Services

8359 Beacon Blvd, Suite 416, Fort Myers, FL 33907

P: 239-676-3462, W: <https://positivebehaviorservices.com/>

Services/Specialties: Therapy, ABA Therapy, Autism

Insurance/Costs: Accepts most major insurance plans

Population: Children with Autism

Positive Behavior Services is a leading provider of Applied Behavior Analysis (ABA) therapy for children with different disabilities, such as Autism and ADHD. Established in 2012 by a team of experienced Board-Certified Behavior Analysts, (BCBA) we offer comprehensive behavior analysis services to help children achieve their full potential and lead fulfilling lives. Our team of certified behavior analysts has extensive experience working with children and their families to develop individualized treatment plans that incorporate evidence-based practices such as ABA therapy.

Project HELP Rape Recovery & Victim Services Center

PO Box 60401, Fort Myers, FL 33906

P: 239-694-1404, W: <https://projecthelpnaples.org/>

Services/Specialties: Therapy, Advocacy, Sexual Abuse, Support Programs

Insurance/Costs: Not required. There is no cost to receive services

Population: Victims and their Families and Friends affected.

Project HELP is a non-profit organization staffed by professional counselors and advocates committed to providing hope, empowerment, and healing to those affected by sexual violence, sudden death, and other crimes. Along with free counseling and advocacy services, Project HELP provides our community with a 24/7 Sexual Abuse Crisis Helpline.

Psychiatric Associates of Southwest Florida

6804 Porto Fino Circle, Fort Myers, FL 33912

P: 239-332-4700, W: <https://paswfl.com/>

Services/Specialties: Therapy, Outpatient, Telehealth

Insurance/Costs: Accepts most major insurance plans

Population: Adults, Adolescents

At Psychiatric Associates of SWFL, we are committed to providing compassionate and personalized care to our patients. We believe that mental health is just as important as physical health, and we

strive to help our patients achieve optimal wellbeing. Our team of experienced mental health providers uses evidence-based practices to diagnose and treat a wide range of mental health conditions, including but not limited to depression, anxiety, bipolar disorder, and schizophrenia. We also offer counseling services to help our patients cope with life's challenges and develop healthy coping skills.

Retreat Behavioral Health

Three locations on the east coast of Florida.

P: 855-859-8808, W: <https://www.retreatbehavioralhealth.com/>

Services/Specialties: MAT, Inpatient, Outpatient, Detox, IOP, PHP, Therapy

Insurance/Costs: Call for pricing information

Population: Adults

Retreat Behavioral Health provides quality care at our leading mental health retreat and substance use treatment centers, designed to offer patients truly personalized and comprehensive programs that are tailored to their needs.

SalusCare

Evans Campus – 3763 Evans Ave, Fort Myers, FL 33901

Ortiz Campus – 2789 Ortiz Ave, Fort Myers, FL 33901

Colonial Campus – 10140 Deer Run Farms Rd, Fort Myers, FL 33966

Transitional Living Campus – 2516 Grand Ave, Fort Myers, FL 33901

P: 239-275-4242 (Outpatient), 239-275-4242 (Crisis/Emergency), W: <https://www.saluscareflorida.org/>

Services/Specialties: Inpatient, Outpatient, Detox, Transition Services, Therapy, Case Management, Crisis Services, Mental Health, Substance Use

Insurance/Costs: Accepts most major insurance plans including Medicare and Medicaid

Population: All

SalusCare is a Fort Myers, Florida based not-for-profit mental health and substance abuse service provider incorporated in 2013 after the merger of Lee Mental Health Center and Southwest Florida Addiction Services (SWFAS). All our substance use programs and most mental health programs are accredited by CARF International, an independent non-profit accreditor of health and human services. We provide services for children and adults by utilizing one seamless system of behavioral healthcare from multiple locations in Southwest Florida.

Samaritan Health and Wellness Center

643 Cape Coral Pkwy E, Unit B, Cape Coral, FL 33904

P: 239-360-7520, W: <https://capesamaritan.com/#welcome>

Services/Specialties: Therapy, Substance Use, Wellness, Education, Healthcare

Insurance/Costs: Self-pay

Population: All

Samaritan Health and Wellness Center, Inc. is a place where uninsured and underinsured men, women, and children receive affordable healthcare and counseling. No one “owns” this center; it exists simply because God purposed a place where the love of Jesus Christ is present and active and demonstrated in practical ways. Our desire is for each patient, regardless of their background or belief, to know that they are loved and known by God, and He uses the team at Samaritan to embrace and care for their entire being.

The Kimberly Center

6290 Corporate Ct, Suite C201, Fort Myers, FL 33919

P: 855-452-3683, W: <https://kimberlycenter.com/>

Services/Specialties: Inpatient, IOP, Outpatient, Therapy

Insurance/Costs: Call for details

Population: Adults

One of our primary purposes at The Kimberly Sober House Center is to assist individuals suffering from substance abuse and related issues. The Kimberly Sober House Center utilizes an evidence-based program. Its’ fundamental goal is to restore the individual to a healthier, happier, and more productive life, free from substance dependence and abuse, and destructive behaviors.

The Willough at Naples

9001 Tamiami Trail E, Naples, FL 34113

P: 239-775-4500, W: <https://www.thewilloughatnaples.com/>

Services/Specialties: Psychiatry, Mental Health, substance Use, Detox, Therapy, Rehab

Insurance/Costs: Accepts many major insurance plans, including Medicare

Population: Adults

The Willough is an 87-bed psychiatric hospital located just a block away from the sunny shore of Naples, Florida. We specialize in the treatment of adults with dual diagnosis and/or mental illness, offering multiple levels of care to meet the needs of our patients. Our services are closely monitored and managed by a skilled team of physicians, nurses, and counselors, assigned in teams to each of our patients, for a length of time that may differ based on the patient’s need. Once a patient’s stay is complete, their doctor and treatment team determine long-term recovery goals and educate the patient on how to achieve them.

Therapy Treatment Team

12811 Kenwood Ln, Suite 202, Fort Myers, FL 33907

P: 239-893-7763, W: <https://www.therapytreatmentteam.com/>

Services/Specialties: Therapy, Psychiatry, Case Management, Outpatient, Telehealth, IOP, Rehab

Insurance/Costs: Accepts many major insurance plans including Medicare and Medicaid

Population: All

Therapy Treatment Team offers an empathetic and effective solution for individuals and families seeking relief from emotional and psychological pain. We are a diverse team of professional therapists, dedicated to delivering personalized care, driven by our core values of empathy, professionalism, compassion, and effectiveness.

Twin Rivers Pathways – DeSoto Memorial Hospital

4161 Tamiami Trail, Unit 302, Port Charlotte, FL 33952

P: 941-766-0171, W: <https://dmhbh.org/>

Services/Specialties: IOP, Therapy, Psychiatry, Community Programs, Transportation

Insurance/Costs: Accepts many major insurance plans

Population: All

Everyone experiences challenging and sometimes painful life changes. Let us assist with our intensive outpatient psychiatric services that provide group, individual and family therapy in a comfortable, secure, and confidential environment.

Veterans Affairs Healthcare/VA Clinic

2489 Diplomat Pkwy E, Cape Coral, FL 33909-5422

2891 Center Pointe Dr, Suite 100, Fort Myers, FL 33916

800 Goodlette Rd N, Suite 120, Naples, FL 34102

P: 239-652-1800 (Cape Coral), 239-652-1861 (Fort Myers), 239-659-9188 (Naples)

W: <https://www.va.gov/bay-pines-health-care/locations/lee-county-va-clinic/>

Services/Specialties: Therapy, Addiction, Substance Use, Inpatient, Outpatient, Suicide Prevention, Telehealth, Rehab, Healthcare, Dental Services

Insurance/Costs: Accepts many major insurance plans, including Medicare and Medicaid

Population: Veterans and their Families

We offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Our services include counseling for needs such as depression, posttraumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). We can also connect you with more support in VA and your community.

WhiteSands Alcohol & Drug Rehab

1820 Colonial Blvd, Fort Myers, FL 33907

P: 239-237-5473, W: <https://whitesandstreatment.com/>

Services/Specialties: Substance Use, Addiction, Inpatient, IOP, PHP, Therapy, MAT, Detox, Rehab, Sober Living

Insurance/Costs: Accepts most major insurance plans

Population: Adults

Our Fort Myers Drug Rehab and alcohol treatment facility is a multi-licensed and accredited facility that specializes in the treatment of alcoholism, addiction, and co-occurring issues. Our professional, experienced, and caring staff develops individualized treatment plans for each of our clients and utilizes multi-modal, multi-disciplinary therapies to help our clients achieve sobriety and recovery while minimizing the risk of relapse. Our goals for treatment are long-term recovery and sustained personal growth.

Zion Healing Center

9405 Cypress Lake Dr Suite 2, Fort Myers, FL 33919

P: 239-372-6141, W: <https://zionhealing.com/fortmyers/>

Services/Specialties: Therapy, Mental Health, Addiction

Insurance/Costs: Insurance plans are to be verified on a case-by-case basis

Population: Adults

Zion Healing Center, your premier destination for comprehensive treatment and lasting recovery. Our dedicated team believes that everyone in Fort Myers deserves a chance at a purposeful, joyful, and fulfilling life. With our cutting-edge IOP program and groundbreaking therapies like TMS therapy and Neurofeedback Brain Mapping, we tackle the root causes of addiction and mental health challenges head-on.

Keyword Glossary

Resource Type

Adoption	Food	Research
Advocacy	Foster Care	Residential Support
After School Education	Foster Grandparenting	Resource Directory
ALPHA	Healthcare	Resources
Career Counseling	Helpline	Pre-K
Caregiver Support	Housing	Recovery Housing
Case Management	Immigration Services	Respite Services
Childcare	Independent Living Assistance	School Support
Clothing	Insurance Provider	Senior Companions
Community Partnerships	Job Search Assistance	Service Directory
Community Programs	Legal Services	Shelter
Crisis Helpline	Life Skills	Sober Living
Delinquency Prevention	Literacy	Support Programs
Dental Services	Mentoring	Technology Assistance
Disaster Services	NARCAN Distribution	Training
Drug Screening	Navigators	Transition Services
EAP	Personal Care Assistance	Transportation
Education	Pet Services	Treatment Centers
Employment Assistance	Pet Therapy	Vision Services
Family Support	Philanthropy	Vocational Rehab
Financial Assistance	Pre-apprenticeship Programs	Wigs/Headwear

Service Type

Abuse	Diabetes	Neglect
Addiction	Disability	OCD
Addiction Medicine	Domestic Violence	Seniors
Alzheimer's	Early Intervention	Sex Trafficking
Assessment	Exploitation	Sexual Abuse
Autism	Grief	Sexual Exploitation
Behavioral Health	HIV	Social Services
Bereavement	Homelessness	Substance Use
Cancer	Human Trafficking	Suicide Prevention
Child Abuse	Infant Mental Health	Trauma
Child Protection	Juvenile Justice	Trauma Informed Parenting
Court Order	Maternal Mental Health	Veterans
Dementia	Mental Health	Youth
Developmental Delay		

Treatment Type

ABA Therapy	MAT	Psychiatry
Anger Management	Medical Assessments	Referrals
Anonymous Recovery Groups	Medication	Rehab
Community-based Care	Medication Management	Residential Program
Crisis Services	Memory Screening	Skilled Nursing
Detox	Neurodiagnostics	Social Programs
ECT	Occupational Therapy	Social Work
Family Therapy	Outpatient	STI Testing
Group Therapy	Peer Support	Support Groups
Home-based Care	PHP	Telehealth
Hospice	Physical Therapy	Therapy
In-home Care	Pregnancy Testing	Ultrasound
Inpatient	Primary Care	Wellness
IOP		