

BOARD OF DIRECTORS MEETING MINUTES – 11/02/2021

Tuesday November 2, 2021

Teleconference 1-415-655-0002 Access Code 2306 587 1022

GCMC Boardroom 13685 Doctors Way, Suite 190 Fort Myers, FL 33912

MEMBERS PRESENT:

David Collins, Board Chair

Therese Everly, Board Vice Chair

Donna Clarke, Board Treasurer

Diane Champion, Board Secretary

Stephen Brown, MD, Board Member

Sanford N. Cohen, MD, Board Member

Kathy Bridge-Liles, RN, MS, Board Member

Nancy McGovern, RN, MSM, Board Member, virtual attendance

Stephanie Meyer BSN, RN, Board Member, virtual attendance

MEMBERS ABSENT:

Chris Hansen, Board Member

OTHERS PRESENT

Mary McGillicuddy, George Knott, Scott Nygaard, MD., Larry Antonucci, MD., Ben Spence, Chris Simoneau.

The Board of Directors Workshop Meeting was called to order at 2:00 pm. by David Collins, Board Chair.

OPENING COMMENTS

Kris Fay, Chief Officer, Population Health & Physician Services, welcomed Board members and other attendees.

Sanford Cohen, MD arrived at 2:13 pm

Stephanie Meyer connected via WebEx at 2:15 pm

FRAMING THE CURRENT STATE OF BEHAVIORAL HEALTH & ADDICTION MEDICINE

Paul Simeone, Ph.D., VP & Medical Director, Behavioral & Mental Health shared that to understand the current state, we must first acknowledge the increased level of support needed across pediatric, family and adult services. Our region was already in need of increased services for Behavioral Health (BH) and Substance Use Disorder (SUD) before the pandemic arrived. The current data coming in shows a picture far worse than anticipated. The impact the pandemic has had on BH & SUD reaches farther into the community now, including our friends, family and neighbors. Dr.

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Simione also shared the system Behavioral Health Leadership Team structure. Discussion ensued.

PEDIATRIC SERVICE LINE REVIEW, UPDATES & STRATEGIC PLANNING

Dr. Emad Salman, Regional Medical Director Golisano Children's Hospital, shared Lee Health's outpatient Pediatric Behavior Health Services consist of two distinct service lines: Developmental and Behavioral Health.

Developmental Services:

- Neuro-developmental conditions
- Autism spectrum

Behavioral Health Services:

- Mood
- Anxiety or behavioral disorders
- Learning disabilities
- Attention Deficit Hyperactivity Disorder (ADHD)
- Post-Traumatic Stress Disorder (PTSD) and/or psychosis

Adolescent and Young Adult Medicine services focus on eating disorders, adolescent sexual health, gynecological issues and pregnancy prevention.

Dr. Salman updated the Board on access to and appointment availability, as well as recruiting efforts. He addressed both short and long term strategic plans. Discussion ensued.

ADULT SERVICE LINE REVIEW, UPDATES & STRATEGIC PLANNING

Paul Simeone, Ph.D., VP & Medical Director, Behavioral & Mental Health and Lauren Walker, Senior Program Manager, gave the presentation on Adult services.

Lee Health's outpatient Adult Behavioral Health Center (New Brittany Blvd.) provides assessment and treatment for most behavioral health conditions.

- Behavioral Health Services:
 - Anxiety
 - Depression
 - Post-Traumatic Stress Disorder (PTSD)
 - Bipolar Disorder
 - Schizophrenia
- Addiction Medicine Services:
 - Inpatient
 - Outpatient
 - Medication Assisted Therapy (MAT)
 - Counseling
- Psychiatric Consultation Services:

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- Substance Use Disorder (SUD) Consults
- Psychiatric Consults

Dr. Simione also updated the Board on access to and appointment availability, as well as recruiting efforts. He addressed both short and long term strategic plans. Discussion ensued

COMMUNITY INITIATIVES: POPULATION HEALTH BY ANOTHER NAME

Paul Simeone, Ph. D capsulated system efforts from 2018 to present.

- Create a deep, shared understanding among community stakeholders re: BH/SUD landscape;
- Co-create the pathway for changing the trajectory of outcomes in pediatric and adult behavioral and mental health in Southwest Florida;
- Develop a set of actionable recommendations that will generate measurable impact in the next 1-3 years.

Dr. Simione shared three key collaborations:

- Regional Mental Health Fair
- Care Navigators
- Legislative Advocacy

Lastly he shared examples of community initiatives that highlight the promises from the original Syntegration that occurred in 2018. Discussion ensued.

LEGISLATIVE OVERVIEW

Michael Nachev, VP Government Relations, updated the Lee Health 2022 Legislative priorities, Behavioral Health Legislative Initiatives, identified key Federal, State and Local stakeholders and shared key strategy information. Discussion ensued.

FINAL REMARKS

Kris Fay thanked Board members for their attendance and participation.

NEXT REGULAR MEETING

The next Board of Directors Meeting will be held on November 18, 2021 1:00 p.m.

13685 Doctors Way, suite 190

Fort Myers, FL 33912

GCMC Boardroom

Teleconference 1-415-655-0002 Access Code 180 155 1927

ADJOURNMENT

BOARD OF DIRECTORS MEETING MINUTES – 11/02/2021

The Lee Health System Board of Directors Workshop Meeting was adjourned at 4:56 p.m. by David Collins, Board Chair.

Minutes were recorded by Kathy J. Hagen/Assistant to the Board

Signed by:

Board Secretary

Diane Champion 11/18/2021 16:20 EST

Date: