What to do for your Next Patients with Severe Sepsis and Septic Shock: 2015? Highlights of the CME given by Dr. Manny Rivers at LMHS on 3-23-15:

Major goals
1. Identification of at risk patients
2. Risk stratify patients for early fluids and lactate
3. Initiate care early with cultures and antibiotics
4. Identify source of infection
5. Optimize hemodynamics

- Sepsis is a time sensitive disease just as Stroke, AMI, and Trauma
- Global Tissue Hypoxia is a more sensitive measure of shock: Lactic Acid >4mM/L
- Measure lactate initially and repeat at 3 hours and 6 hours to follow lactate clearance
- Monitor vitals closely in those septic patients with lactates between 2 and 4
- Early fluid resuscitation is recommended. Can reduce mortality if given within first 3 hours
- Choose type of fluid based on Ph and patient presentation
- Albumin can be helpful in Sepsis
- Choose vasopressor based on heart rate, blood pressure, and patient presentation
- Steroids after resuscitation (6-8 hours) may be beneficial
- Central venous oxygen saturation may help to guide therapy
- Transfusions are recommended in a small cohort of actively ischemic cardiac patients with Sepsis
- Sepsis bundles are highly recommended
- NQF, Joint Commission, CMS, and AHRQ are recommending Sepsis bundle metrics for inclusion in National quality measurements
NEW & REVISED ORDER SETS  

NEW
3875 ALTEPLASE ADMINISTRATION FOR PULMONARY EMBOLISM OR CARDIOPULMONARY COLLAPSE
3877 PEDIATRIC HYPOGLYCEMIA MONITORING AND TREATMENT

REVISED
3021 BRONCHOSCOPY PROCEDURE ORDERS
3089 STANDARD THERAPY WEIGHT-BASED HEPARIN DRIP ORDERS
3092 ADULT PARENTERAL NUTRITION ORDERS
3201 LOW DOSE/CARDIOLOGY WEIGHT-BASED HEPARIN DRIP ORDERS
3204 PEDIATRIC INFECTIOUS DISEASE LABORATORY ORDERS
3227 PEDIATRIC CRITICAL CARE ADMISSION ORDERS
3229 GYNECOLOGIC ONCOLOGY ADMISSION ORDERS
3252 LABOR ADMISSION ORDERS
3254 MAGNESIUM SULFATE ORDERS
3257 NEUROSURGICAL POST-PROCEDURE CRANIOTOMY ORDERS
3264 PEDIATRIC DIABETIC KETOACIDOSIS ADMISSION ORDERS
3390 PEDIATRIC ASTHMA ADMISSION ORDERS
3391 METHADONE PROTOCOL ORDERS
3394 CESAREAN DELIVERY ORDERS
3401 ACUTE HEMODIALYSIS ORDERS
3425 FEBRILE NEONATE ADMISSION ORDERS
3477 INPATIENT PLASTIC SURGERY POST-PROCEDURE ORDERS
3488 ACUTE ISCHEMIC STROKE/TIA ADMISSION ORDERS
3525 OUTPATIENT RENAL DONOR EVALUATION
3574 ICU INTENSIVIST ADMISSION
3589 ACUTE HEMODIALYSIS SUPPLEMENTAL ORDERS
3601 INTENSIVE CARE UNIT STEP-DOWN ORDERS (GCMC)
3617 PATIENT-CONTROLLED IV ANALGESIA ORDERS (OBSTETRICS PCA)
3637 COMFORT CARE ORDERS
3674 ADMISSION PEDIATRIC ABDOMINAL PAIN ORDERS
3703 SUBARACHNOID HEMORRHAGE ICU ADMISSION ORDERS
3753 PEDIATRIC TYPE 1 DIABETES ADMISSION ORDERS
3778 PERITONEAL DIALYSIS ORDERS
3791 OUTPATIENT PHARMACY-MANAGED WARFARIN (COUMADIN) ORDERS
3812 OBSTETRICAL MAGNESIUM SULFATE FOR FETAL NEUROPROTECTION ORDERS
3844 CESAREAN PRE PROCEDURE NURSE INITIATED ANESTHESIA PROTOCOL ORDERS
3859 NEURO INTERVENTIONAL RADIOLOGY ADMISSION
3860 NEURO INTERVENTIONAL RADIOLOGY POST PROCEDURE
3872 RAPID DIURESIS PATIENT CARE ORDERS

OBSOLETE
3696 RADIOLGY EXAM IN SURGERY ORDERS
Pharmacy Alert

Pharmacy and Therapeutics Committee Update—March, 2015

Formulary Decisions:
Peramavir (Rapivab®) was NOT added to formulary, but will be available on a case by case basis.

Therapeutic Interchange of Renagel® to Renvela®
Renagel® will be removed from formulary.

IV Ofirmev® (acetaminophen) Dose Rounding – Adults—Based on the package insert: All patients who weigh greater than 50kg will receive 1000mg IV q6 hours (maximum daily dose of 4000mg) and patients who 50kg or less will receive 750mg IV q 6 hours (or maximum total daily dose of 75 mg/kg per day).

Ertapenem (Invanz®) - change in restriction
Antimicrobial stewardship committee approved 2 exceptions to the previously approved restriction of ertapenem

UTI caused by ESBL – this allows for decreased use of meropenem and allows for once daily outpatient therapy for appropriate patients

One time pre-operative dose for colo-rectal surgery cases. This will allow for SCIP compliance and an additional option in face of long term cefotetan shortage.

Updated Neonatal Aminoglycoside Dosing Protocol—The neonatal aminoglycoside dosing protocol has been updated to match the current recommendations in Neofax®. The protocol change was approved by the neonatologists, pediatric infectious disease physicians, and the Antimicrobial Stewardship Committee.

CURRENT DRUG SHORTAGES- IV:

- Cefotetan Injection – limited availability
- Dextran 10% Injection - limited availability
- Dextrose 50% vials – limited availability
- Digoxin Injection – limited availability
- Pancuronium (Pavulon®) Injection - not available
- Pantoprazole (Protonix®) Injection – limited availability
- Piperacillin/tazobactam Injection – limited availability
- Fosphenytoin Injection – limited availability
- Hydralazine Injection – limited availability
- Hydroxyzine Injection - not available
- Indigo Carmine 0.8% Injection - not available
- Phentolamine (Regitine®) Injection – not available
- Digoxin Injection – limited availability
- Vasopressin 20 Units Injection – limited availability

For additional information please see the February, 2015 P & T Newsletter or contact John Armitstead, MS, RPh, FASHP john.armitstead@leememorial.org or Doug Peterson, Pharm.D, BCPS doug.peterson@leememorial.org
Medical Staff Matters

Informatics Update

Colleagues,

My activities over the last month have been focused around provider documentation concerns. We have created a medical staff documentation quality work group. Our organizational meeting will be this week. Our plan is to help providers understand how their documentation can be improved through the use of a tool kit we have designed. If you have any interest in participating in this medical staff quality subgroup, please send me an email and we can discuss further.

Along another documentation lines, we have been exploring ICD-10 compliant documentation. As many of you know, ICD-10 is slated to become a law October 1, 2015. This will require additional documentation specificity for proper assignment of diagnoses and billing. The intensity of services provided reflects your quality scores and utilization parameters. As part of this program we are looking at ways to help the provider’s document appropriately without being intrusive, and hopefully limiting the use of post documentation CDI queries.

Another concern is how our documentation impacts hospital capacity. As you know we are bursting at the seams with patients we are trying to care for. Many times, consultants are not clear when documenting follow-up status of a patient they are consulted on. It is not uncommon to hear from the nurse they’re waiting for the consultant to clear the patient for discharge and thereby allowing the hospitalist to discharge the patient. We can do our own small part in helping the capacity concerns of the hospital by clearly documenting in our final progress note our discharge plans for the patient. Contacting the hospitalist would be another step in moving the patient back to their home as expeditiously as possible. This is a large patient satisfier. Patients want to go home as soon as their care is complete and they want to go home sooner rather than later.

Anything we can do to help expedite the discharge process will have a positive effect on both the patients waiting for a bed from the emergency room as well as satisfaction scores for the patient who is expeditiously discharged. Thank you, please contact me with any questions or concerns.

Thank you,
William Carracino MD
VP & CMIO
William.Carracino@leememorial.org
239-343-8026
New Physicians

Julian Almeyda-Perez, M.D.
Internal Medicine/Hospitalist
CCH, GCMC, HPMC, LMH

Dr. Almeyda-Perez completed his medical degree at the Superior Institute of Medical Sciences of La Habana and an Internal Medicine Residency at the University of Nevada School of Medicine. He is certified by the American Board of Internal Medicine and has joined Inpatient Specialists of Southwest Florida.

Charles L. Coster, D.O.
Family Practice (Refer & Follow)
CCH, GCMC, HPMC, LMH

Dr. Coster completed his medical training at the Kansas City University of Medicine & Biosciences, College of Osteopathic Medicine. He completed his Internship at Allentown Osteopathic Medical Center and a Family Medicine Residency at Florida Hospital East. Dr. Coster is certified by the American Osteopathic Board of Family Physicians and has joined Hope HealthCare Services.

Kiet Doan, D.O.
General Surgery
CCH

Dr. Doan obtained his degree at Western University of Health Sciences. He completed a Rotating Internship and General Surgery Residency at Genesys Regional Medical Center and is certified by the American Osteopathic Board of Surgery in General Surgery. Dr. Doan has joined LPG-Cape General/Vascular Surgery.
New Physicians

Lesley Furman, M.D.
OB/GYN
HPMC

Dr. Furman obtained her medical degree and completed an OB/GYN Residency at the University of Pittsburgh. She is certified by the American Board of Obstetrics & Gynecology and has joined LPG-OB/GYN Associates.

Ali A. Jadallah, D.O.
Internal Medicine/Hospitalist
CCH, GCMC, HPMC, LMH

Dr. Jadallah obtained his degree at Lake Erie College of Osteopathic Medicine. He completed an Internal Medicine Residency at Henry Ford Macomb Hospital. Dr. Jadallah has been providing locum coverage at Lee Memorial and will continue with Inpatient Specialists of Southwest Florida.

Iasmina Jivanov, M.D.
Internal Medicine/Hospitalist
CCH, GCMC, HPMC, LMH

Dr. Jivanov obtained her medical degree at the Timisoara University of Medicine. She completed an Internal Medicine Residency at Wyckoff Heights Medical Center and is certified by the American Board of Internal Medicine. Dr. Jivanov has joined Inpatient Specialists of Southwest Florida.
New Physicians

Chaim Margolin, M.D.
Diagnostic Radiology (refer & follow)
GCMC
Dr. Margolin obtained his medical degree at UMDNJ – New Jersey Medical School. He completed an Internal Medicine Internship at Thomas Jefferson University Hospital; a Diagnostic Radiology Residency at Beth Israel Hospital, Boston and an MRI Fellowship at Massachusetts General Hospital. Dr. Margolin is certified by the American Board of Radiology and has joined Internal Medicine Associates.

Clarisol Martinez, M.D.
Internal Medicine/Hospitalist
CCH
Dr. Martinez obtained her medical degree at Ponce School of Medicine. She completed the first two years of her Internal Medicine Residency at Robert Wood Johnson University Hospital and completed the program at Damas Hospital. Dr. Martinez is certified by the American Board of Internal Medicine and has joined Cape Coral Hospitalists.

Travis J. Pfannenstiel, M.D.
Otolaryngology
GCMC, HPMC
Dr. Pfannenstiel obtained his medical degree at Loyola University of Chicago. He completed a General Surgery Internship and Otolaryngology Residency at Brooke Army Medical Center and a fellowship in Otology & Neurotology at Providence Hospital in Michigan. Dr. Pfannenstiel is certified by the American Board of Otolaryngology and has joined Ear, Nose & Throat Associates.
New Physicians

Bishal B. Rawal, M.D.
Nephrology
CCH, GCMC, HPMC, LMH

Dr. Rawal obtained his medical degree at B.P. Koirala Institute of Health Sciences. He completed an Internal Medicine Internship and Residency at Jewish Hospital and a Nephrology Fellowship at Penn State Hershey Medical Center. Dr. Rawal is certified in Nephrology and Internal Medicine by the American Board of Internal Medicine. He has joined Associates in Nephrology.

Vishal Sehgal, M.D.
Internal Medicine/Hospitalist
CCH, GCMC, HPMC, LMH

Dr. Sehgal obtained his medical degree at Gaudhati Medical College & Hospital. He completed an Internal Medicine Internship at Texas Tech University and an Internal Medicine Residency at the University of Tennessee Memorial Hospital. Dr. Sehgal is certified by the American Board of Internal Medicine and has been providing locum tenens coverage at Lee Memorial. He is joining Inpatient Specialists of Southwest Florida.
Allied Health Professionals

Christina Becker, PA – CCH, LMH
LPG System Intensive Care – Dr. Dosani

Andrew Chichester-Shepperd, PA – CCH – Cape Coral Emergency Physicians – Dr. Dougherty

Catherine Evans, ARNP – CCH, GCMC, HPMC, LMH
The Heart & Vascular Institute – Dr. Chazal

Carlos Florian, PA – CCH, GCMC, HPMC, LMH
Inpatient Specialists of Southwest Florida – Dr. Necula

James E. Fowler, CRNA – CCH, HPMC, LMH
Medical Anesthesia – Dr. Gregg

Danielle E. Opela, ARNP – CCH, GCMC, HPMC, LMH
The Heart & Vascular Institute – Dr. Chazal
The “Physician Circle of Caring” Campaign

The “little hospital that could” is now the “little hospital” that is!

The shovels are in the ground and the sounds of construction are everywhere you turn. Our physicians and staff will be able to provide the very best care to the children of southwest Florida in a child-friendly atmosphere fortified with the most up-to-date technology.

We as physicians and staff understand the toll a hospital visit for a child can take on a family and we believe that keeping that child close to home provides immense comfort in the midst of challenges.

That is why we have joined the “Physician Circle of Caring” Campaign in support of the Golisano Children’s Hospital.
Leadership gifts of $5,000 or more, each year for five years, will be recognized with appropriate and visible naming opportunities in the new Golisano Children’s Hospital of SW Florida.

For more information on ways to participate in the “Physician Circle of Caring” Campaign, please contact Linda Kelly, Sr. Director of Development, LMHS Foundation at 239-343-6064 or by email at linda.kelly@leememorial.org
Here is an excerpt from a presentation given to the Board of Directors in March by Kevin Newingham, Chief Strategic Planning Officer for LMHS:

The process used to develop this plan included:

- One-on-one interviews with physicians
- Physician Surveys
- Patient Access Study
- Provider supply database
- Market and Institutional supply/demand
- 3-year Recruitment Recommendations

Why Complete a Staff Development Plan?

- Ensure community has access to the right mix of specialties
- Objective data on need for providers in the market
- Requirements for achieving LMHS’ strategic priorities
- Guide growth of current LMHS physician practices
- Prioritize and allocate fixed LMHS recruiting budgets
- Ensure regulatory compliance if offering financial assistance
**Top 5 findings from the Plan**

1. **Approximately 95 FTE physicians will retire by Fall, 2017 (18 percent of providers)**
   The National average for practitioners is about 10 percent of providers.

2. **LMHS has immediate needs in nine specialties based on physician interviews, physician surveys, and patient access study:**
   - General primary care, General Surgery
   - Nephrology
   - Psychiatry
   - Endocrinology
   - Rheumatology
   - Infectious Disease
   - Otolaryngology
   - Pain Management
   - Pediatric Specialties

3. **LMHS is projecting a growth in patient volumes in Cape Coral and South Lee for adults and services added in Collier and Charlotte Counties for pediatrics.**

4. **There are access problems for some LMHS patients with waits up to 4 weeks and higher as well as closed practices.**

5. **LMHS Should plan for up to 182 providers over the next 3 years (adult and pediatric)**
   - 152 Adult providers
   - 30 pediatric providers
## PRACTICE UPDATES

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<thead>
<tr>
<th>NEW GROUP</th>
<th>PRACTITIONERS</th>
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<tr>
<th>PRACTITIONER:</th>
<th>Karen Booth, ARNP GROUP NAME:</th>
<th>LPG – Cardiotoracic Surgery ADDRESS:</th>
<th>9981 S. HealthPark Drive #120 Fort Myers, FL 33908 PHONE:</th>
<th>239-343-6341</th>
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<tbody>
<tr>
<td>PRACTITIONER:</td>
<td>Kristen Brist, PA GROUP NAME:</td>
<td>LPG – Cardiotoracic Surgery ADDRESS:</td>
<td>16261 Bass Road Blvd. #300 Fort Myers, FL 33908 PHONE:</td>
<td>239-343-6410</td>
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<td>GROUP NAME:</td>
<td>Family Psychiatry, Inc. (solo) PRACTITIONERS:</td>
<td>Marianne G. Krouk, D.O.</td>
<td>No change</td>
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<tr>
<td>GROUP NAME:</td>
<td>Florida Medical Affiliates PRACTITIONER:</td>
<td>Snehal R. Patel, M.D.</td>
<td>8971 Daniels Center Dr., Fort Myers, FL 33912 PHONE:</td>
<td>734-213-3920</td>
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<tr>
<td>LPG at College Pointe</td>
<td>9131 College Pointe Pwky.</td>
<td>Fort Myers, FL 33919</td>
<td>239-343-9100</td>
<td>239-343-9108</td>
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<td>Brent Myers, M.D.</td>
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<td>Evelyn R. Kessel, M.D.</td>
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<td>Irma Cruz-Gonzalez, M.D.</td>
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<td>Digestive Specialists, PA</td>
<td>1708 Cape Coral Parkway, #13</td>
<td>Cape Coral, FL 33914</td>
<td>NO CHANGES</td>
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<td>Kathryn Udell, ARNP</td>
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<td>LMHS-Q Life</td>
<td>13681 Doctors Way</td>
<td>Fort Myers, FL 33912</td>
<td>239-343-9590</td>
<td>239-343-0533</td>
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<td>Bishal B. Rawal, M.D.</td>
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<tr>
<td>Associates in Nephrology</td>
<td>7981 Gladiolus Drive</td>
<td>Fort Myers, FL 33908</td>
<td>239-939-0999</td>
<td>239-939-1070</td>
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<td>Lawrence E. Dorf, M.D.</td>
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<td>Hope Healthcare Services-Hope PACE</td>
<td>2668 Winkler Ave</td>
<td>Ft. Myers, FL 33901</td>
<td>239-218-7814</td>
<td>239-985-6411</td>
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<tr>
<td>Susan Hook, ARNP</td>
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<tr>
<td>NO CHANGES</td>
<td>643 Cape Coral Parkway East, Suite B</td>
<td>Cape Coral, FL 33904</td>
<td>239-206-1224</td>
<td>239-206-1228</td>
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**DON’T MISS THE TRANSFUSION SAFETY SYMPOSIUM**

MAY 2, 2015

**Transfusion Safety Symposium**

For Physicians, PAs, ARNPs, Nurses, Pharmacists and Lab Professionals
Sanibel Harbour Marriott Resort & Spa
17260 Harbour Pointe Drive
Fort Myers, Florida
7:15 a.m. – 2:30 p.m.
Saturday, May 2, 2015
Neurology Conference Saturday, April 11, 2015—Sanibel Harbour Marriott Resort & Spa—6 CME Credits

- Current and Evolving Treatments for Myasthenia Gravis, Michael Benatar, M.D., Ph.D., Chief, Neuro-muscular Division, University of Miami,

- Non-obvious Status Epilepticus and EEG-Video Monitoring and the Differential Diagnosis of Seizures, Selim Benbadis, M.D., Professor of Neurology, University of South Florida and Director of the USF/Tampa General Hospital Comprehensive Epilepsy Program,

- Amyotrophic Lateral Sclerosis: Current and Emerging Treatment, Jonathan Glass, M.D., Professor of Neurology, Emory University School of Medicine,

- Optimal Treatment for Preventing Stroke in Patients with Intracranial Arterial Stenosis and The Role of Endovascular Therapy for Acute Ischemic Stroke, Marc Chimowitz, MB, Ch.B., Professor, Medical University of South Carolina. For conference brochure call—424-2397

Auditory Brainstem Response (ARB) Testing: Caring for Children in the Hospital & Outpatient Setting—Pediatric Grand Rounds—Wednesday, April 15, 2015—6:30 – 7:30 pm—HealthPark Medical Center Room H500

Stephanie L. O’Neal Thompson, Au.D., FAAA, The Children’s Rehabilitation Center, LMHS Audiology Dept. RSVP for CME and Dinner by April 13th – 424-2680

Sexual Assault: What Every Health care Professional Should Know—Thursday, April 16, 2015—6:30 - 7:30 pm –LMH Auditorium

Colleen Henderson, ACT—RSVP by April 14th for CME and Dinner – 424-2680

Federal and State Laws Relating to the Prescribing of Controlled Substances - Monday, April 20, 2015—6:00 pm - 7:00 pm—LMH Med. Office Building, 8th Floor Conference Room

Walter Flesner, III, D.O., ICPR Medical Director

RSVP by April 17th for CME and Dinner – 424-2680

Call the CME department at 424-2397 or email joanne.gorgone@leememorial.org to request brochures or RSVP for any of the above conferences.
Transfusion Safety Symposium

* Saturday, May 2, 2015 - 7:15 a.m. – 2:30 p.m.
* Sanibel Harbour Marriott Resort & Spa - 5.5 CME cr.
* Strategic Healthcare Group Speakers:
  * Carolyn Burns, M.D., Blood Mgmt. Consultant; Sarah Daccarett, M.D., Lab Util. Consultant; Jay Menitove, M.D., Blood Mgmt. Consultant; Susann Nienhaus, RN, JD, Dir. Patient Safety
* RSVP with CME Registration Line 239-424-2680 by Tuesday, April 28, 2015.

COMING IN MAY...

* Cancer Care & Survivorship - May 12, 2015 - GCMC
* For more info, call CME office at 239-424-2680

Call the CME department at 424-2397 or email joanne.gorgone@leememorial.org to request brochures or RSVP for any of the above conferences.
Congratulations to Simon Grinshteyn, MD, for being chosen LMHS Physician of the Month for March. Dr. Grinshteyn has been on staff at LMHS since October, 2014 and has so impressed the CPCU Unit at HPMC since that time that they nominated him for this award, saying “...he is compassionate and has a great sense of humor,” “...is one of the best doctors I’ve worked with—kind, gentle, and yet firm when needed. He is quick to return calls and his patients rave about him.” “...takes extra time with patients and families to meet all of their needs. Always professional in dress and manner (great bow ties)...” “Always speaks with the nurses on the unit regarding the patients which promotes employee and patient satisfaction.” Lee Memorial Health System recognizes Dr. Grinshteyn for his positive qualities of excellence.